



Amputee Society of Hawke's Bay/ East Coast Inc.

NEWSLETTER

August
2018

Hello everyone. Firstly my apologies for the delay in producing a newsletter. As those who attended the AGM in Feb know all the existing officers including myself stepped down & only 2 existing committee members stayed on. Unfortunately the people that put their hands up to take on the roles seem to have no idea that things like this actually need to be done as this is one of our most important ways of giving out information. It seems we have been reliant on pretty much Diane & myself for the last 5—6 years & the couple of people that have done the Secretaries role & committee members that have assisted with planning & running functions or fundraising activities. All of this appears to have stopped & it is not looking good for our Society which for the last 3 years has been the largest in the North Is. It's primarily about organising & job sharing to get things done. Please we need your help contact me Geoff 870 3357 or 021 723609

Amputee Society Membership Subs

- It's time for the subject of subs again. Many have already paid them for 2018, but some are still to do so.
- As usual we have simply put this notice in the newsletter, that subs are due, but in these busy days it seems that subs often go on the "back burner" or members lose track of when they paid last.
- The Amputee Society's financial year ends on the 30th November, so inevitably, subs are due on the 1st December each year.
- For new members who joined and paid near the end of the financial year, we make an exception and carry that initial subscription through to cover the next financial year. Lifetime members are also exempt from paying subs. We have several methods of payment available: online banking, cheque to our post office box or even cash still works for us.
- The annual subscription is \$10 each for amputees and associate members eg partners, spouses etc
- For that you receive:
 - **Newsletters**
 - **Distribution of Purpose magazine**
 - **The services of our Field Officer in hospital and at home**
 - **Activities arranged for your enjoyment eg free water fitness program**
 - **Support in times of challenge**
 - **Affiliation with our National Body who negotiate on our behalf to keep the benefits we have eg our free Limb Service**
 - **Free Total mobility assessment**
 - **Assistance with some expenses at the National Conference GIAG program**
- **If you are due to pay you will find **SUBS DUE** near the top of this page of the newsletter**
- **This is a gentle reminder and not meant to be in any way offensive.**
- If you feel we have made a mistake, please contact Geoff 06 870 3357, or if you have any difficulty with payment, please call us, we're here to help.

■ Online Banking: **03 1518 0032642 00**

■ Postal Address: Amputee Society, **PO Box 369, Hastings**

■ Cash in an envelope with your name on it, handed to any committee member.

2018 National Conference Wellington

By Geoff Hansen

Rob Lett one of our new committee members and myself attended the conference back in April as the delegates representing our Society. Unfortunately due to another event I had to attend on the Saturday back home we were only able to stay the one night. Therefore we didn't do the Island themed party on the Saturday night which we heard went very well, or hear the variety of speakers on Saturday afternoon or Sunday morning. I was attending the peer support training which began on Friday at 9 00am and was funded by NZ Artificial Limb Service and run by Melissa Noonan the CEO from Limbs 4 Life Australia. Limbs 4 Life was founded in 2004 and provides peer to peer support to thousands of Australian amputees & their care givers. Our email recipients of our newsletters get the Limbs 4 Life newsletter called Amplified a couple of times a year. There were around 20 participants in the training representing Societies from all around NZ. It was an interesting program with information covering What is Peer to Peer Support , how is it different to counselling, defining your listening skills and what information you share. Unfortunately I found out at lunch time Rob had lost his wallet that had quite a bit of cash in it & his cards & license when he walked down to the Kilbirnie shopping area. "Bugger" It was not found so a total loss for Rob. I had to leave the course 30 minutes early as the National Executive meeting started at 3 30pm. Following the meeting Sean Gray the NZALS CEO & Kevin Ross the National Federations nominee on the NZALS Board spoke to us. Finally we had time for a drink or 4 prior to the National Conference meeting. Rob & I had erected our banner in the conference room along with many of the other societies. We sat in the area for the delegates & I was successful in getting voted back on to the National Executive for another year. We managed a couple of drinks after the meeting but the bar closed around 11 30pm so back to our room for a well earned sleep & we drove home Saturday morning.

Below is a photo with Rob in the centre at the delegates table.





Our banner on display at the National Conference in Wellington

LIMB CENTRE REGIONAL CLINICS

Hawkes Bay August 16th & 17th November 22nd & 23rd

Gisborne September 5th & 6th December 5th & 6th

NZALS Wgtn 0508389389

Hamilton 0508838838

UPCOMING EVENT

Korin Barrett an inspirational recent quadruple amputee who I have had the pleasure of meeting is speaking at Iona College on the 30th August. Tickets are limited but Iona are donating \$1 from each ticket sold to our Society. Tickets are available on the website below or contact Geoff 021 723609 This is well worth attending & it would be great to some of you there.

How to Live Your Best Life

KORRIN BARRETT'S INCREDIBLE STORY OF SURVIVAL, RESILIENCE AND TRIUMPH OVER ADVERSITY

SPEAKER:

Korin Barrett
Speaker, Mentor & Ambassador

SPECIAL GUEST:

Edmond Otis
Health Educator & Clinical Psychotherapist

7.00pm

Thursday 30th August
The Blyth Performing Arts Centre, Iona College

Refreshments & raffles available on the night.
Bring your gold coins!

\$15 general admission

Tickets available at www.iticket.co.nz
Limited door sales available

* \$1 from every ticket donated to the Hawke's Bay Amputee Society



IONA COLLEGE PARENTS & FRIENDS ASSOCIATION FUNDRAISING EVENT

korin
living possibility

Bayswater European



Visit and Like our lively Facebook page,
please ask your family and friends to like us too

Welcome to our new members

Welcome

Owen & Cathy Thomson
Phoenix Baynham
Ian Frame
Margaret Durbin
Jimmie & Kim Egan
Alan & Marjorie Dawe
Nicky Te Hau
Philip & Patsy Cotterill

Waipukurau
Napier
Wairoa
Napier
Napier
Napier
Napier
Napier

We look forward to meeting you at society events in the future

We acknowledge The Infinity Foundation's support of our Society's endeavours and wish to express our sincere gratitude.



Sadly we announce the passing away of 2 of our members recently Robyn (Penn) Berrigan who was a long time & life member of our Society Charlotte (Charley) Gerrard who was a committee member in 2017



Announcement Regarding Swim Exercise Classes

Due to pool maintenance being undertaken at the Onekawa Aquatic Centre, classes have been unavailable since the school holidays however we should resume in the next few weeks.

This is a hugely beneficial activity and safety is priority with Instructors in & out of the pool & floatation devices worn. There is wheelchair access or a hoist to get you into the pool. We have fun & welcome new participants come & have a go or call me if you have questions. Geoff 021 723609

