



Amputee Society of Nelson /Marlborough

Affiliated to the Amputees Federation of New Zealand

Newsletter – June, 2013

Hello all,

Winter has arrived – I am sure there is snow in the air today,

Wellington Artificial Limb Centre

You may have read in the paper that the Limb Centre was closed –due to earthquake risk. I have heard from Ray Binet (Manager) that the building generally achieves 100% of the New Building Standard in terms of earthquake risk. The issue is with the nearby retaining wall, which they hope to be fixed in the short term. As of now the Limb Centre is back up and running at Mein St.

Wellington Conference

Seven of us traveled to Wellington for the conference with the aid of grants from the Amputees Federation and Lion Foundation. I think I can speak on behalf of the others in our group that we had an informative conference and as always it is good to be in a room with so many other amputees.

On Saturday afternoon we had an informative session on
OSSEO INTEGRATION

In an endeavour to better inform NZ amputees regarding the Osseo integration procedure, a team made up of two surgeons, a prosthetist, and a recipient of osseointegration, spoke to us about their roles, experiences and the New Zealand trial on Osseo integration. There will be more about this in the next Purpose Magazine.



Australians who have had osseo integration and whose lives have changed for the better

At the Saturday Night Dinner one of our Wellington amputees and his band entertained us, which at one stage was joined by one of our “Give it a Go” youths.

On Sunday morning Dr Rod Corban, a performance psychologist, who works with our Olympians and Paralympian’s, presented us with ‘The secret of success and Happiness in Sport and Life’

This year 17 young people under the age of 30 took part in activities over the weekend, consisting of kayaking, rafting and rock climbing in conjunction with the conference. At the end of Sunday morning's session, each youth reported on the parts of the weekend they had enjoyed the most, with several saying how much they enjoyed being with other amputees.

Your Nelson contingent convinced the Federation delegates to hold the 2014 conference in Nelson with Saturday’s entertainment carrying a pirate theme (we need to be able to laugh at ourselves sometimes).



President Amy, and committee member William dressed appropriately



Our presentation to the Federation

**So a very important date: March 21st –23rd
Amputees Federation of NZ Annual Conference in Nelson**

Please mark this in next year’s diary. This is a chance for you, without the travel costs, to experience a Federations conference with other amputees from around the country.

It would be great to see a larger Nelson contingent there to help host our visitors. There will be more information to follow.

We also hope that some of our under 30’s will also join the activities with the younger amputees. If you are studying away from Nelson funding will be available to get you home for the weekend.

Raffle

As you know the committee organized a raffle and over the last few weeks we have successfully raised \$1, 900. Thanks to our President, Amy Hindley, and her endless supply of energy, along with several members who generously gave their time. This has been a success. As well as selling raffle tickets and collecting donation we have been able to show our community that we are here, working alongside amputees to assist them in their recovery.

Thanks also to the generosity of our sponsors, Carter Holt Harvey, The Copier Company, and to the staff at the Countdown and New World Supermarkets.

The prizes were shared throughout our community. The camera went to Ngatimoti, the frying pan to Motueka, firewood to Richmond and the basket to Nelson.

Quiz Night

21st June - 7.30 pm.

Nelson Hinemoa Croquet Club

We have unsuccessfully attempted to hold to other quiz nights –we have the quiz master, the prizes-all we need are the teams.

Please give the enclosed poster to family, friends or put it up at work. These nights are lots of fun and the proceeds will help us give services back to our members.

Are you a home baker? If you could help bake some biscuits for the supper please give me a call –Claire 5451410. Many hands make light work.

Swimming Sessions

We are now able to offer swimming sessions – we have the finances to pay for our physiotherapist.

Please ring Claire ph 5451410 to express interest.

You will need a doctor's clearance and if possible an able bodied person to assist you.

If you need an assistant please let me know, we can arrange that for you.



NZ Amputee Golf Open 2013

Venue: Manor Park Golf Sanctuary
32 Golf Rd, Manor Park, Lower Hutt, Wellington
Phone: 04 563 6843

Dates: Thursday 31st October 2013 – Friday 1st November 2013

Practice Round: Wednesday 30th October 2013
Green Fee: \$30 Payable at the Pro Shop on the day

Thursday 31st October 2013 1st round: Tee Time: 1pm, Carts provided

Friday 1st November 2013 Final Round: Start Time: 11am, Carts provided

Divisions: **Leg** - Below Knee, Above Knee, Multiple, Gross/Stableford
Arm – Below Elbow, Above Elbow, Multiple,
Gross/Stableford

Supporters – Gross/Stableford

Manor Park Chip In Bar: Thursday 31st October from finish of round 1

Manor Park Upstairs Bar: Friday 1st November from **9am (NZ Amputee Golf AGM)**

Manor Park Upstairs Bar: Friday 1st November at completion of final round,

Full meal provided at completion of tournament and prize giving/presentations.

Tournament Fee: \$120 including NZ Amputee Golf Membership 2013/14

Please make entry payment to: **Amputee Golf NZ Inc. 38 9012 0202882 00**

Please put your name in Reference field when making payment

Accommodation Option:

Totara Lodge, 68 Ararino St Trentham, Upper Hutt 5018, Phone: 0800 805 025 www.villagegroup.co.nz

Entries: Please make contact in the first instance to Jason Eade 021 188 5719

I read this in the Readers Digest (June, 2013) and often wonder if I could be cheeky and ask. I am also wanting to buy slippers –but I only need one!!!!

I'm a newly qualified foot-health professional and was on the phone to a female patient recently, going over details of an upcoming appointment.

We were just finishing the conversation when she said, "I hope you don't mind, but I have a rather strange question." "Of course," I replied. "Go right ahead." "Well," said the lady nervously, "I was wondering if you offered discounts because I only have one leg."

Questionnaire

The committee want to know what we can do as a society to fill in gaps in our service and assist you as members. We have put together a questionnaire –we would really appreciate your input. This will help us put together events that you will enjoy attending. Please send it back in the envelope supplied.

Keep well and warm and I look forward to hearing from you, Claire

feel free to contact me on 03 5451415 or email jcicape@slingshot.co.nz

Questionnaire

**What can we do for you? What activities would you like to participate in?
Please tick as many boxes as you like. If you do not wish to participate
please let us know and send back the questionnaire.**

Home visits

Monthly/bi- monthly get together at a café

Activities such as Ten Pin Bowling

Evening meals with entertainment

Evening meals with speakers/ educational

Evening meals with speakers /interesting topics

Mid day meals with afternoon speakers/ educational.... ..

Mid day weekend meals with speakers/ interesting topics.....

Do you require transport to any of these events ?.....

Have you any other suggestions or comments ?

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Name:.....

Contact details (Phone or email).....