



Amputee
Society
of Auckland &
Northland Inc.

Auckland Contact

C/- 23 Birdwood Road

Swanson

Auckland 0612

Telephone: - (09) 8338 057

Email: - anamputeesociety@gmail.com

President

Katrina Bungard

Telephone 0800 528 286

Vice President

Steve Inglis

Telephone 021 948 064

Northland Contact/Treasurer

Kathy Palmer

Telephone (09) 430 6499

Hi All

March 2023 Newsletter

March 2023 Purpose

I trust everyone had a wonderful Christmas, New Year and break over the holiday season. I felt like we had all seasons in our supposedly summer season.

A new year, and starting off with lots happening in the outside world.

Earthquakes in Turkey, continually war in the middle east. Earthquakes middle of North Island, New Zealand.

Flooding in the North Island and mustn't forget Cyclone Gabriel making its self-known and leaving destruction in its path.

I am hoping we are all as safe as we can be, during this time.

Annual General Meeting

This date has been changed to Sunday, 30 April 2023

Venue: - Auckland Artificial Limb Centre, Horopito Street, Mt Eden.

Start time: - 1.30 pm followed by shared afternoon tea.

There is also the option of joining the meeting via Zoom.

Please contact our present President, Katrina Bungard on the society email address of anamputeesociety@gmail.com for the Zoom link.

This is an opportunity to get involved with your society. All office holder positions will be available, from President, Vice President, Secretary, Treasurer and committee member.

The previous few years we have been plagued with all sorts of interruptions, from Covid and major lockdowns to not being able to make contact with fellow amputees.

An Error Occurred in our November 2022 Newsletter

Claire Murrin is not employed for or in the Whangarei Base Hospital.

She visits new amputee in the Hospital to make initial contact.

New Northland Amputees are cared for by the Hospital Physiotherapists.

Claire's role in Rehabilitation is after discharge.

Subscriptions/Membership

Remember our financial year is from 1 January to 31 December, each calendar year. Our society fees are \$10.00 per year, which includes regular newsletters and Federation publication of Purpose, March, July, and November, and any ongoing support as required.

Please forward your subscription either to the address at the top of this letter, 23 Birdwood Road, Swanson, Auckland, 0612.

Or leave an amount with the wonderful staff at the Auckland Artificial Limb Centre, Horopito Street, Auckland, Sarah Rigg is always happy and obliging to take any subscriptions on our behalf.

Or Internet banking which is the most commonly used form of transaction.

The society bank account number is: -

Bank: - 12

Branch: - 3061

Account number: - 0190809

Suffix: - 00

Donations are always welcome. Many thanks for these over the years.

In previous years we have been able to hold, regular social gatherings at the Auckland Artificial Limb Centre, these have included, Mid-Winter Christmas dinners, Barbecues, guest speakers, and general social gatherings.

You think of it, we will endeavor to make it happen.

We are not just amputees; we are people first and foremost.

The main reason we use the Limb Centre, most people know where it is, lots of accessible car parking available, wheelchair friendly with ramps and toilet accessories.

Yes, other venues have been tried over the years, and failed. Mainly due to wheelchair access.

Physical Disability Rugby League New Zealand

Physical Disability Rugby League New Zealand was originally launched in New Zealand in 2015, and became an incorporated society in July 2017. They have hosted the inaugural PDRL International Tournament.

With their eyes firmly on the 2025 Rugby League World cup, PDRLNZ are looking for more players to join the team and to provide regular Rugby League opportunities both within New Zealand and internationally.

You do not need to have played Rugby League as you will be taught all you need to know. There are tackle and touch options also. Age is no barrier.

Please contact Sandra Hickey on email, sandramichelle.h@xtra.co.nz or cell phone 0274990556 for any additional information.



The New Zealand Squad proudly included three amputees and two with missing limbs including captain Harley Roach who was born with only one arm.

March 2023 Purpose

Please find either attached to this email or included with this newsletter, the Federation publication of March 2023 Purpose. Enjoy reading about other amputees and there amazing journeys.

Looking forward to catching up with as many as possible at our Annual General Meeting on 30 April 2023.

Any queries, please contact the numbers at the top of the newsletter.

Hope you are all safe from natures recent fury.

Regards

Janis Bourne
Auckland Contact Person