

## AMPUTEE SOCIETY OF AUCKLAND & NORTHLAND (INC.)

Affiliated to the Amputees Federation of New Zealand Incorporated

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## **August/September 2013**

Dear all

It is a very windy wet winter's day, as I type this newsletter. I trust you are all warm and dry and keeping all the winter bugs, of flue and colds at bay.

We had a very good turnout for our last Sunday Social Afternoon held on Sunday 7 July 2013.

Nadya Vessey started the afternoon with a discussion on Onehunga Foreshore Beach Access.



For more information and to have your say please contact Nadya Vessey on phone number 629 6650 or via email nadyay@orcon.net.nz

Ian Winson continued regarding his experience in the Onehunga blast two years ago. Ian was able to keep us all entertained, we could all relate to his plight and the subsequent ongoing obstacles.



Ian raised himself to the occasion (amazing what a wheelchair can do), and had a very captive audience.



The "Mid-Winter Christmas Afternoon tea" which followed was well worth the wait. A good afternoon enjoyed by all.



Whoops in the car park. Now who will pick them up? Annabelle or Ian. Ian won.

Over the years we have followed Christine Amosa with her mobility vehicles. Christine is the proud owner and driver of a new car. This is a lot smaller and easier for her to handle than the previous van which got written off when she had an accident earlier this year.



The downside, she can only have three passengers in the back seat.

After our Sunday Social Afternoon, we all gathered outside in the car park to watch Christine maneuver herself into her new car. And she was away.



This is a long way since her original car with a roof rack carrying her wheelchair.

Our next "Sunday Social Afternoon" will be held on Sunday 1 September 2013 at the earlier time of 1pm. Paul Bargh, manager of the Auckland Artificial Limb Centre has agreed to speak, mainly on the approach of component selection for individual amputees and the rationale behind this. Please make this a worthwhile afternoon.

Bring your questions for Paul, this is a good opportunity to ask those questions you have always wanted to answers to, but been reluctant to do so in the fitting room situation. I am sure Paul will have all the answers and maybe others have also wanted to ask the same question.

Our last Sunday Social Afternoon for the year will be held on Sunday 3 November 2013, as a Christmas/End of Year Barbecue.

For those who are amputees golfers, the next meeting will be are from 30 October 2013 to 1 November 2013 at Manor Park Golf Club Lower Hutt. Please contact Jason Eade on <a href="mailto:iason.eade@ihuq.com">iason.eade@ihuq.com</a>

Paralympic Athletics Talent ID Camp for Athletes with a Disability will be held 28 to 29 September 2013 at the Millennium Institute Auckland. For more information please contact Hadleigh Pierson via emailing <a href="mailto:hpierson@paralympics.org.nz">hpierson@paralympics.org.nz</a> or by mobile 021 847 820.

The Federation Conference for 2014 is being held in Nelson on the weekend of 21 to 23 March 2014, staying at the Trailways Hotel.

Nelson/Marlborough District Society are planning a fun filled weekend, with a diversion from the normal Federation conference format.

For example, the Saturday night formal dinner will have a "Pirates theme". Sounds like fun for all.

See the July Purpose for more information.

As in the past two years, the "Give it a Go" for the youthful amputees will be held on the same weekend.

The committee will need to apply for funding to send delegates and observers to this fantastic advent. If any amputees are interested, please contact a committee member to register your support.

Please find enclosed, or attached the July 2013 Purpose. It is so good to have this publication in colour. This is thanks to the Federation for applying for funding for this exact purpose.

On page seven of the purpose is a questioner regarding the needs and requirements of amputees. Please take time to complete and return. We all need to be sure we are providing correct support for our fellow amputees.

Green prescriptions – seems a very strange name, but these have been available in some areas for some time and could be of use to all. They are designed especially for those with disabilities and/or illnesses who would benefit from being able to access sports facilities, gyms and swimming pools at a reduced fee.

This is a Ministry of Health initiative.

These prescriptions were only available through the medical facilities.

For more information contact you're General Practitioner (Family Doctor).

**Note: -** Green Prescriptions are not available in all areas.

We look forward to having a good number attending our Sunday Social Afternoon on Sunday 1 September 2013 starting at 1pm.

Regards

Janis Bourne Secretary/Treasurer

## **Telephone numbers:-**

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