



**Amputee
Society**
of Auckland &
Northland Inc.

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July/August 2019 Newsletter

Dear All

Past the middle of the year, the spring bulbs are in full bloom, Iris's, Freesia's, Daffodils, to name a few in my garden.

The neighbourhood wild ducks have bought their newly hatched chicks to meet me. They disappear in May (1st May is known as duck shooting season, and although the ducks do not have calendars, they know when to lay low) and return with their new babies about now.

July 2019 Purpose

Enclosed or attached please find the July 2019 Purpose, full of interesting articles, photos and reading for all amputees and their families. There is more about the National Federation Conference and the "Give it A Go" with the younger amputees.

Changes, changes, changes

Changes happen without our knowledge. The weather changes, families grow and change, our bodies change, mainly from being young and beautiful to what we allow ourselves to become.

The Auckland Artificial Limb Centre is no exception. If you have visited lately, you will notice changes taking place. All in the name of improvement and the betterment for us amputees.



Peer Support

This initiative has been launched by the New Zealand Artificial Limb Board in conjunction with Melissa Noonan, 4Limbs, in Australia. There have been three training seasons in New Zealand, Auckland, Wellington and Christchurch. The Auckland session was attended by several Auckland committee members and Limb Centre staff.

For further information contact Claire Rumble, Peer Support Service Coordinator, on 0508 733 778. Please see pages 6 and 7 of the July 2019 Purpose.

Social Event

The committee of the Auckland Society is very aware there has not been any Social Events for some time. With changes of committee members, and changes of venue, it has really taken its toll.

Any suggestions and places to meet would be greatly appreciated by the committee. We were planning something easy to start with, Coffee, Cake and Chat for example. We would love to see what you the amputees would like.

Northland/Whangarei

This very successful group is meeting once a month for lunch, chatter and to support one another as amputees. Present location is 3 Wanaka Street, Tikipunga, Whangarei.

Please phone Kathy Palmer on 09 4306 499 or Colin Smith on 09 4351 636 if you would like to know more about this wonderful group.

Keep warm and dry, hot summer months are not far away, and then we can complain about the heat, instead of the cold. Ha ha ha ha, never satisfied.

Regards

Janis Bourne
Secretary/Treasurer

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