



**Amputee  
Society**  
of Auckland &  
Northland Inc.

23 Birdwood Road,  
Swanson  
Telephone: - (09) 8338 057  
Email: - [janismbourne@gmail.com](mailto:janismbourne@gmail.com)  
[anamputeesociety@gmail.com](mailto:anamputeesociety@gmail.com)

**Patron**

Mr Geoff Lamb ONZM, FRCS.FRACS

**President**

Mali Liupuhi  
Telephone 021 524 821

**Vice President**

George Marr JP  
(09) 524 6731

**Secretary/Treasurer**

Janis Bourne

---

## **February 2020 Newsletter**

---

Dear All

And a Happy New Year to you all. Twenty, twenty. Has quite a ring to it doesn't it.

I trust the Christmas/New Year break has been a safe and enjoyable time. Schools are back and life is returning to whatever normal is for us all.

### **Annual General Meeting**

To start the year, we are holding our Annual General Meeting on Sunday 1 March 2020 at the Auckland Artificial Limb Centre, 6 Horopito Street, Mt Eden, starting at 2 pm.

April Hickmott, from Independent Living Charitable Trust will give a presentation on what is available.

Yes, I know, most of us live very independently, something I have a lot of pride in amputees for achieving. But changes occur. Either within ourselves, aging, our environment, circumstances, generally life.

April can show us what is available, make suggestions to ensure we continue to live independently.

Purchases can be made on the day. Remember cash, EFTPOS and Credit cards will be accepted on the day.

Following we hold our meeting and elections of officers for the next financial year. The society need a quorum of ten financial members. We need at least seven members on our committee. These can be more.

Positions for nomination include, President, Vice President, Secretary/Treasurer, and general committee members. We would like nominations for other duties, for example, Funding Officer, Facebook co Ordinator, Newsletter editor, and others as the committee see fit. Form following.

# **AMPUTEE SOCIETY OF AUCKLAND AND NORTHLAND INC**

## **NOMINATION FORM**

### **Nominee to Complete**

I consent to my name being submitted for the position of

---

(Positions available, President, Vice President, Secretary/Treasurer/Committee. Seven committee members required)

Name: -

Signed: -

Proposer

Date

Seconder

Date

Annual General Meeting to be held on Sunday 1 March 2020

Please convey your intention to be nominated for any of these positions

## **Subscriptions**

Many thanks to those who transferred Subscriptions due.

It was really heart-warming to see so many had read the newsletter and paid their subscriptions. Receipts will be forwarded in due course.

Unfortunately, one person omitted to include their name. \$20.00 was credited to the society bank account on 19 November 2019. If the person can prove the amount deposited, I credited these to their name. Please contact Secretary/Treasurer on 09 8338 057 as soon as possible.

## **Nadya Vessey**

Nadya Vessey, a wonderful lady with wonderful life stories to enjoy and circulate.

"A Challenge with a Purpose", A History of the first 50 years of the Amputees Federation of New Zealand Incorporated features Nadya on page 51.

In November 2019 Purpose, Page 9, features Nadya Vessey.

And now Nadya goes skiing...

Earlier in 2019, Nadya saw an advert in the Purpose Magazine for a ski trip to Mt Ruapehu, organised by the Waikato, Bay of Plenty and Districts Amputee Society Inc.

"Ah", she thought! "It's been 40 years since I've been to the snow, now's my opportunity to go".

Nadya paid a non-refundable deposit and set about borrowing puffer jacket, waterproof trousers and finding her lovely Russian hat she hadn't worn for years.

Then the realisation of what she was doing set in!!! What was she thinking????

Nadya, is a double below knee amputee, in the pensioner age bracket with no desire to learn to ski. The last thing she needed right now was any broken bones. She didn't know anyone else who was going and they would all be much younger than her. She thought she would be totally out of her comfort zone.

At that point she fell into negative thinking and cancelled her registration. Nadya noticed FEAR which had crept in.

On the morning of travelling down, she phoned the organiser: "Is it too late to change my mind?" she asked. It wasn't too late to cancel. She was picked up by two university lads who were coming as helpers.

The accommodation was a lodge, with bunk beds and communal showers and kitchen. A good number of amputees, their partners and other 'helpers' arrived, including a para Olympian snow boarder.

They didn't get much sleep with shaky bunk units and restless roommates, and having to be on the mountain at 7.30 am the next morning. Not a good start.

With a lot of encouragement to "at least, give it a go" Nadya, got into ski boots (heavy like wearing gumboots filled with cement), and made it to the learners' area. Walking on soft snow is like walking on sand – takes a lot of energy. After two attempts, Nadya had enough and handed back her skis, took her camera, got to the café and toilets, ski lifts before the queues and to do things at her own pace. It was a beautiful day and the mountain was very crowded. There were a number of injuries on the mountain that day. But not Nadya.

Would Nadya go again? Maybe. The best for her was meeting other amputees, and enjoying the beauty of the mountain. She would also book herself in for tobogganing which was not included in the package.

Nadya gives a big thank you to the lovely people who organised and supported the event.



Make the most of these opportunities' young amputees.

## Luncheon

The committee and others enjoyed a lunch at Bricklane, New Lynn on 24 November 2019. It would be lovely to have more of these activities over the next year. Previously, these had been held regularly with Mid-Winter Christmas Dinners, Lunches, Barbecues, and a number of other events being hosted by the committee.

Those who attended enjoyed our lunch, as the photo shows.

Photo courtesy of Mr Geoff Lamb.



Janis Bourne, Christine Amosa, Mali Liupuhi, Leanne Bourne, Katrina Bungard

Remember, Annual General Meeting, 1 March 2020 at the Auckland Artificial Limb Centre at 2 pm. Hope to see you there.

Regards

Janis Bourne  
Secretary/Treasurer/Total Mobility Officer

<p>Auckland Artificial Limb Centre 7 Horopito Street Mt Eden Auckland 1024 Telephone numbers (09) 630 0644 or Toll Free 0508 630 630</p>
--

### *Disclaimer*

*Neither the society, nor any persons associated with it accepts any liability for the contents of this newsletter, which was prepared and believed to be correct.*

*Articles appearing in this newsletter are of the opinion of the authors and do not necessarily reflect the opinion of the society.*