



Amputee
Society
of Auckland &
Northland Inc.

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July 2017 Newsletter

Hi all

As I type this newsletter, the rain is pouring down outside, again!! Something positive, the shortest day has been and gone, the sunshine of summer is on its way. Slowly but surely the days are going to be getting longer.

Sausage Sizzle at Bunning's Mt Roskill

The committee hosted a Sausage Sizzles at Bunning's Store, Mt Roskill on Saturday 29 April 2017. With some assistance from other supporters, Janis Bourne cooked her way through hundreds of sausages, resulting in a profit of \$412.23 for the day's effort.



Federation Conference

This was held in New Plymouth on the weekend of 7 to 9 April 2017. Our delegates were President, Claudia Teague and Secretary/Treasurer Helen Kocks. Observers were Jack Kocks and Janis Bourne. Our President, Claudia Teague, has been elected onto the Federation Executive Committee, second term. Go Claudia.

Helen tries to hide behind the display.

Sorry, Helen, we can see you!!!





Saturday morning, saw Delegates and Observers visiting many landmarks and activities in New Plymouth. Janis visited Pukekura Park. It was amazing. Five amputees in a buggy, being driven around these wonderful gardens. Wish I could add more photos. Space does not allow this.

Saturday afternoon was the time for some amazing speakers. Dr Lorna Fox a pain management specialist. Tim Crowe of Amputees in Action who made up Collen to look like she had been in a horrific accident. This is to assist the emergency services in their training. Very realistic.



Saturday night was the formal dinner, with all dressing in Western theme outfits. Sunday morning the "GIAG" team told us of their wonderful weekend. Read the July 2017 for more information.

Then it was time to say "Good bye" to friends made over the very busy weekend. Looking forward to the 2018 Federation Conference.

Secretary/Treasurer

Due to health problems, Helen Kocks has resigned her position as Secretary/Treasurer as from 8 May 2017. The society previous Secretary/Treasurer, Janis Bourne has taken this position.

With this resignation, and the Vice president, Martha Delmonte, leaving for her Overseas Adventures, the committee is rather thin of members and office holders.

The society has the power to co-opt committee members during the year, if and when the need arises. Please contact Janis Bourne if you are interested. It is not all hard work, with lots of camaraderie to go with it.

Remember, the committee runs the society, the President, presides over the committee, with the backup/support of the Vice President. The Secretary/Treasurer acts on behalf of the committee in all secretarial and financial matters.

An active committee makes an interesting society.

Martha Delmonte

I have always been passionate about human anatomy and biomechanics so I guess this is why at 12 am on the 1st of January 2016 I made a New Year's resolution that I would volunteer with an organisation to help disabled New Zealanders. I ended up at the Amputee Society of Auckland and Northland Inc as Vice President.

Mid 2016 I completed an internship with Halberg Disability Sport Foundation and Paralympics New Zealand as part of a paper at university.

2017 brings me to my last year of studying Sport and Recreation at AUT university, I have been accepted to work as an intern for my third year paper (Cooperative Education) with Paralympics NZ where I will be undertaking a big project about Talent Identification in New Zealand.

With a busy year ahead, I have been promoted as a full time Sales Executive with Ceres Organics where I will pursue this career in Melbourne at the start of next year 2018. Prior to this I will be travelling with my best friend in Europe.

This means I will be leaving the role of Vice President for the Amputee Society. With the feeling of accomplishment after two years knowing I made a difference to valued members of our society."

Changes, changes, changes

Nothing stays the same, there are always changes.

The umbrella of the Auckland Artificial Limb centre, has gone from being "New Zealand Artificial Limb Board" to "New Zealand Artificial Limb Services". Nothing has changed, a name change, and rebranding.

We now have four regions,

Northern Region: - from South Auckland North, of which the Regional Manager is our own Megan Thornley

Midland Region: - Hamilton, Tauranga, Rotorua etc.

Central Region: - Wellington, Nelson, Hawkes Bay etc

Southland Region: - Christchurch, Dunedin etc

On reception is the wonderful Ann Buxton who has greeted us all so friendly over the years. Joining Ann is Maxine Harrowway, a wonderful breath of fresh air always friendly and welcoming. Remember, both Ann and Maxine are able to receipt your subscriptions and donations for the Amputee Society of Auckland and Northland Inc.

There have been staff changes within the Northern Region Limb Centre. Paul Bargh and John Brook continue to be Senior Prosthesis. Ian Lowrie, who has been at the Auckland Limb Centre, for 3 years, is a Senior Prosthesis also.

Simon Yap is employed on a six month contract.

Josh Hemara is a technician with a background in Podiatry

Bethan Town-Jones is a technician

The lovely Lizzie Carey is an import from England and has been at the limb centre for about 18 months.

For more updates, visit the NZALS website.

Paul Bargh or John Brooks visit the regular regional clinic at Whangarei Base Hospital. Please phone the Auckland Artificial Limb Centre if you require any adjustments etc. at these days.

Good in the Hood

Before resigning Helen organised a "Good in the Hood" at Z petrol Station in Royal Oak. Janis Bourne and Nadya Vessey spent a Monday at the station, greeting customers and having information available for those with questions.



Nadya and the petrol station attendant show off some artificial limbs.

This effort has paid off and the Amputee Society of Auckland and Northland Inc received **\$845.00** from the Royal Oak Z Petrol Station.

Many thanks to Tony Sharma, Operations Manager, CBD Energy Ltd, for his support during the "Z Good in the Hood".



Janis, Tony Sharma and Nadya receiving "OUR" token.

Social Events

The society has not held any social gatherings for some time.

These used to be held at the Auckland Artificial Limb Centre, Horopito Street, Mt Eden.

Due to management changes this venue is no longer available to the society.

Does anyone have knowledge of a hall or similar where the committee could hold social gatherings and/or meetings.

Please let Janis Bourne know at (09) 8338 057 or email janismbourne@gmail.com

Deciding on what social events to hold is always a hit and miss affair.

Some would like to go on "Wine Tasting Trails", some prefer the casual, "Coffee, Cake and Chat", some prefer to go for Coffee/Lunch at a Cafe or similar.

Any and all ideas are worthwhile pursuing.

Please let Janis Bourne know if any of these ideas are worth continuing.

These will be a "Pay Your Own Way" affair.

We could have small pockets of people meeting for like minded social entertainment at different venues around Auckland.

These need not be restricted to weekend days.

"Meet Up's" during mid week are always welcome.

Field Officer

The society has applied for funds to employ a Field Officer.

At the Annual General Meeting it was decided to employ a fellow Amputee to full this role. This is not a 9 am to 5 pm, five days a week role. It is not 40 hours per week role.

When funding has been received the committee will decide on how many hours to employ the person. A previous, Field Officer, Kerry Wilfred-Riley, was employed at 30 hours per

month, and attended the Whangarei Base Hospital Clinic days, as well as visiting hospitals, Rehabilitation units in the Auckland area.

This was always based on the number of referrals received.

Accountant

The suggestion has been made to the committee to use the services of an Accountant when paying the Field Officer. Previously, this had been handled by the Treasurer. PAYE and ACC were all paid by the society.

Is there an accountant who would be willing to provide this service for the society? Please contact the writer, Janis Bourne.

July 2017 Purpose

Attached to or enclosed with this newsletter, is the Amputee Federation July 2017 Purpose Magazine. Enjoy reading the articles. Lots of information is always available in these publications.

Waterview Tunnel

Aucklanders, especially West Aucklanders will know about this tunnel. Five years in the making, cost \$1.4 billion, 2.4 kilometres long, joins the Southwestern Motorway (State highway 20) and the Northwestern Motorway (State Highway 16).

My sister in law Lu Lu, and I walked the tunnel on Sunday 25 June 2017. Lots of other people did the same thing. Lu Lu and her family walked the Auckland Harbour Bridge, when it opened in 1959. We both walked the Hobsonville Motorway when it opened a few years ago. The tunnel is another achievement.



I trust everyone has beaten the winter chills and bugs, which seem to creep out of the woodwork at this time of the year.

Would be good to catch up with as many as possible, during the remaining part of the year. If not, then lets look at doing something at the end of year before Christmas.

Regards

Janis Bourne
Secretary/Treasurer