



**Amputee
Society**
of Auckland &
Northland Inc.

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Hi there everyone

Thank you to those of you who have sent me their email address or updated their postal address.
Much appreciated

I recently had a request from a gentleman asking if our society knew of gyms that provide a programme specifically for amputees. Unfortunately no one on the committee knows of a suitable facility

Do you know of a facility that can be shared with other amputees? Or maybe a personal trainer that you have found helpful. I would love to hear from you.

Personally I find that hydrotherapy classes at our local pool and pilates classes work best for me.

2022 is the year for the 75th Anniversary of Amputees Federation of New Zealand. Celebration of the event will be part of Conference to be held in Wellington in April 2022.

This is an opportunity to meet amputees from all of New Zealand.

If you are interested in attending as an observer from Auckland & Northland please contact a committee member

However before that the week of 4 - 11 October 2021 will be Amputee Awareness Week. This will be a week of concentrated national publicity co-ordinated by the Amputee Federation. Each Society is planning their own activities.

Your committee has decided that we would like to have members joining together holding a sausage sizzle, information booth or something similar in their local community.

If you are able to help for part of a day contact me as soon as possible.

Colin is planning something in Whangarei. Are there any takers in Wellsford, Dargaville, Kaikohe, Kaitia or even some of the smaller communities outside Auckland

We would love to hear from you if you are designing a banner for us.

Now we as a society are no longer supporting Janis to provide Total Mobility Assessments, she has written a final report

Total Mobility Assessments

This is a scheme the Amputee Society of Auckland and Northland Inc has been associated with for many years. Originally named as "The Amputee Society of Auckland and Northland Inc", it was a challenge to find information.

When I joined the Amputee Society of Auckland and Northland Inc as Secretary/Treasurer in 1999, assessments were completed on behalf of the society by staff at Rehab Plus, Carrington Road, Pt Chevalier. The form was completed with a passport photo attached and forwarded with the \$8.00 fee to Auckland Transport. When the form was completed by Auckland Transport it was returned to Rehab Plus. The completed form with TM (Total Mobility) number and usually cash of \$5.00 for our subscription was forwarded to the society. The \$5.00 would arrive, 2 x \$2.00 coins and 1 x \$1.00 coin, sellotaped between cardboard and posted to my address. Mission Impossible, trying to get the coins apart.

The late Nick Hewton took the position of Total Mobility Officer, and would visit clients, he completed the forms, forward them to Auckland Transport, and call in at my place, for a cuppa and chat and bring the \$5.00 subscription himself. Nick would often make return visits to his clients, just to make sure all was in order. Going the extra distance. That was our Nick.

Time moved on and I took over this position. Auckland Transport also became updated and these days I have been able to complete the forms online. I would visit clients, take their details, name, address, reason for amputation, and any other health issues and ask a long list of questions, take a photo of their faces, and complete the rest online. After about 15 working days a card would arrive, at the place of residence, similar to a driver's license for the client.

Changes happened, Auckland Transport increased their amount payable from \$8.00 per card to \$10.00. Our society also increased our subscriptions from \$5.00 to \$10.00. A previous committee made a charge of \$10.00 for my time, use of utensils, camera, laptop etc. making our total charge for Total Mobility Assessments \$30.00 per person. Compared with other agencies our society was within range.

Total Mobility allows clients to lead as normal a life as possible. They are able to do their own shopping, visit family and friends, meet people for coffee, dinner and be independent of family and friends. Clients are able to take whoever they would like in the taxi with them, as long as the client on the card is with them.

The Total Mobility scheme is half price taxi fares available to New Zealand citizens. Auckland Transport organizes and runs the scheme. Although, half price, this has changed slightly due to costs. Not all taxi companies or cars carry the swipe machine for the scheme. Taxis cars as well as mobility vans are available. Being mindful, the vans are used for school runs, and are not always readily available at 9 am and 3 pm.

For more information and available agencies please phone Auckland Transport on (09) 355 3553. Times have changed and Auckland Transport have issued guidelines that our little Society would find very difficult to adhere to. Hence this position has been

disestablished. Personally, I am sorry to see this end. I have enjoyed meeting the many amputees and clients with whatever health issues.

Written by Janis Bourne, previous Secretary/Treasurer and Total Mobility Officer

Greeting,

My name is Mali Liupuhi

I am a mother

A wife

A teacher

A nurse

An ATM machine

A miracle worker

A taxi driver

ETC

I have been involved with the Auckland and Northland Amputee Society for a number of years now, and I have found this to be very rewarding, challenging, fun, and educational, and I hope to learn more in years to come.

I am a mother of 4 kids, 2 boys age 28 and 25, my girls are 20 and 18. I work in the Educational field with students from 21/2 to 5. *Mali tells me she is now working with year 9 to 12 students who have learning challenges. She has seven grandchildren*

I enjoy spending time with my family and friends. I love shopping, and food, not cooking so much, BUT eating.

Every time I have attended a conference, I have gone home feeling blessed to have met some wonderful people, people with skills and attributes that have contributed to the well being of others and to society.

I hope that being involved with the committee this year will allow me to learn more about how to help others and where to get help in our community.

Kia Ora mo tenei ra.

Mali

I found a mention of Mali in the early 2000's records. KP

Ian Walker, Be Motivated, "Do not let what you cannot do, stop you from doing what you can!" My Story! Ian is a professional speaker and coach, *Try googling Ian Walker - he has an interesting story. We are investigating the possibility of Ian talking to our members*

WATCH THIS SPACE

Also with this newsletter is a form for those who have not yet paid their 2021 subscription - Your attention to this matter would be appreciated

Disclaimer: The views expressed in this newsletter do not necessarily reflect the views of this Society or the Amputee Federation Of New Zealand



