



**Amputee  
Society**  
of Auckland &  
Northland Inc.

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### **Patron**

Mr Geoff Lamb ONZM, FRCS.FRACS

### **President**

Mali Liupuhi  
Telephone 021 524 821

### **Vice President**

George Marr JP  
(09) 524 6731

### **Secretary/Treasurer**

Janis Bourne

## **May/June 2019 Newsletter**

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Dear All

June all ready and half way through the year twenty nineteen, where is the year going too.

A lot has been happening, and we hope going to happen in the future of the society.

Our Annual General Meeting was held on Sunday 17 February 2019 at the Auckland Artificial Limb Centre.

The elected committee is as follows: -

President: - Mali Liupuhi	phone 021 524 821
Vice President: - George Marr	phone 09 524 6731
Secretary: - Janis Bourne	phone 09 8338 057

Committee: - Nadya Vessey	phone 021 123 90711
Claudia Teague	phone 027 749 3036
Katrina Bungyard	phone 0800 528 286
Kathy Palmer	phone 09 430 6499
Northland Contact Person	

Katrina Bungyard is new to the society, but is a very knowledgeable interesting person. Apart from being an above knee amputee since the age of 11 years old due to bone cancer, she is also wife of Mark, mother of two boys, Secondary school teacher, Deputy Chair of the Howick Local Board and a member of the counties Manukau District Health Board (Manukau East Council of Social Services). And committee member of the Amputee Society of Auckland and Northland Inc.

The committee proposed at the 2018 Annual General Meeting to change the yearly subscriptions from \$5.00 per year to **\$10.00** per year. This change was implemented at the 2019 Annual General Meeting.

This means, as from 17 February 2019, subscriptions will now be **\$10.00** per year.

If subscriptions have already been paid, we are not going to pursue any further amounts, but future subscriptions will be **\$10.00 per year**.

With rule changes, our year ends on 31 December, and begins on 1 January. Previously, this was 30 November and began 1 December.

If subscriptions are not up to date, remember, the wonderful Abbey and Sarah at the Limb Centre are more than happy accept subscriptions and give a receipt.

Alternatively, forward to 23 Birdwood Road, Swanson, or direct credit to the society bank account, which is 12 3061 0190809 00 showing name as reference.

Northern Regional Manager, Stephanie Sheenan, gave a very interesting presentation of the Auckland Artificial Limb Centre and the future. This was well received by all those present. She was presented with a yellow begonia.



### **Federation Conference**

Newly re-elected President Mali Liupuhi and secretary/treasurer, Janis Bourne, attended the Federation Conference as Delegates and Kathy Palmer and Katrina Bungyard as observers, held in Dunedin, weekend April 2019. The Distinction Hotel in Dunedin was our place of with Otago/Southland society as our host.

Friday night started the weekend with the business side of the conference. Election of officers, financial reports etc. Followed by a wonderful supper and a chance to mix and mingle with fellow amputees. As someone said after many years it is like a family reunion.

Saturday morning was a chance for a number of activities around Dunedin. Janis and Mali chose a tour of Dunedin and morning tea at Glenfalloch Woodland Garden. Scones, jam, cream and coffee were the order of the day. We were able to walk around the gardens and see some of the wonderful sculptures.



We were also fortunate to visit the bottom of Baldwin Avenue, the steepest road.



Mali Liupuhi and Leanne Bourne stroll along Baldwin Avenue

Saturday afternoon a number of speakers, were of interest to those attending. These included Korrin Barrett. Korrin has lost both legs and hands and leads an amazing positive life with her partner. Korrin is Treasurer of the Amputee Society of Hawkes Bay/East Coast and was elected onto the executive committee of the Amputee Federation on Friday night of the Conference.

Followed by William Pike, who was caught in snow storm on Mt Ruapehu on 27 September 2007, in which he lost his right leg below the knee. He has written a wonderful book of his adventure, "Every Day's a Good Day."



William Pike with Katrina Bungyard after she had purchased her book.



Other speakers at the weekend included Jan Aitken, Holly Robinson, and Sean Gray (CEO NZ Artificial Limb Services) who kept us to date with what is happening from a funding and organisational side of thing.

Saturday night was a Formal dinner with the traditional Scottish Haggis and many attendees in kilts and tartan in keeping with theme of the weekend.



The Traditional Haggis was piped into the Formal Dinner

The weekend coincided with the 75 Anniversary of the Otago and Southland Amputee Society. The celebrations included the cutting of a wonderful.



### Give it A Go

The young amputees were present at conference and spent the weekend with their own activities, which included Paintballing, Escape Room and Kayaking on the Harbour. They joined the Federation for the formal dinner on Saturday night, and on the Sunday morning to tell their stories of the weekend. Always a pleasure to hear the stories of the weekend fun.



Morgan, our visually impaired amputee, with his minder tells of his experience of the weekend. Morgan is always an inspiration. Lined up with Morgan are his fellow GIAG participants.

### **Social Activities**

The new committee would like to be able offer some sort of social occasions as held previously. We need to know what fellow amputees would like to take part in. Previously we have had speakers from varying locations. Held "Coffee, Cake and Chat" afternoon, "Mid-Winter Christmas Dinner", had speakers from the Limb Centre and other disabilities or people of interest.

### **Annual Amputee Snow Trip**

This is being held 30 August 2019 to 1 September 2019.

Last year this proved a very popular event.

Places are limited. For more information email Matthew Bryson at: [mattbrysongg@gmail.com](mailto:mattbrysongg@gmail.com) or phone: 021 272 0666.

### **Auckland Artificial Limb Centre Staff changes**

It is with a heavy heart and tears in my eyes I can report, our/my wonderful Lizzie has skipped the ditch for employment in Australia. An import from England, Lizzie proved herself with the changes she made, especially with my personal limb. I am sure those who came in contact with Lizzie will agree with me.



My three limbs, showing Lizzie two radicle changes

To replace Lizzie, and remember, we are never replaceable, a wonderful gentleman by the name of Nick McIntosh has joined the Auckland team. Nick knows and studied with Lizzie in Manchester,

England. Nick arrived, in June 2018 and has been employed in Hamilton Limb Centre before joining Auckland team on 18 March 2019. At the time of meeting Nick, he was "Homeless" but that was to change quickly.

Also joining the Auckland team is Pip Russell a registered Nurse, from England who arrived on 20 February 2019. She joined the team on 18 March 2019 and at the time of meeting her was finding her feet as to what her role would involve. She will be joining the team who oversee limb fittings, checking on stump healing and developments. Pip has been involved with amputees in England since 2004. A wonderful addition to the Limb Centre.

A wonderful additional extra is Pratibha Sheet, who trained in Prosthetic and Orthotic at Calcutta University, India. She joined the Limb Centre on 26 February 2019 after working at the Orthotic centre in Greenlane, where she met many amputees. Friendships renewed.



New additions to the Limb Centre – Pratibha Sheet, Pip Russell and Nick McIntosh

### **Northland/Whangarei**

This group of amputees and supporters have continued to have regular meetings in Whangarei.

The next meeting will be Wednesday 15 June 2019 at 12 noon.

If Northland members would like more information please contact Kathy Palmer on 09 430 6499 or Colin Smith on 09 435 1636.

### **Probus – Te Atatu South**

Nadya Vessey and Janis Bourne, were privileged to give a talk about amputation and Limbs at a recent meeting of Probus – at the Community Room at Te Atatu South.

Janis picked up a couple of arms and legs from the Auckland Artificial Limb Centre and supplied a couple of her, now unusable limbs, plus reading material available, which included Purpose, Newsletters and the federation publications.



The table looked very impressive.

### **Physical Disability Rugby League New Zealand Inc**

I have been fortunate to meet Sandra Hickey, Founder and Chairperson of the Physical Disability Rugby League of New Zealand Inc. This group has been playing Rugby League since 2015 and registered since July 2017, with many achievements to their name. There are a couple of amputees involved and playing. Age is not a barrier, except players must be over the age of 13 years, but has no boundary. Both male and female are able to play with this team. Training is every Sunday 1 pm to 3 pm at Kelston Boys High School, Kelston.

For more information phone Sandra Hickey on 027 499 0556 or website [www.pdrinz.kiwi/](http://www.pdrinz.kiwi/) or Facebook <https://www.facebook.com/pdrinz/>

Information/flyer has also been displayed at the Auckland Artificial Limb Centre.

### **March 2019 Purpose**

Enclosed or attached is the March 2019 Purpose. Our apologies for the lateness of forwarding this wonderful informative Amputee Federation Publication. Always interesting information and articles no matter when received. If those receiving this newsletter via email, would prefer their Purpose via post, please let Janis Bourne know and she will endeavour to send via post. She may forget, but with a prompt will send via post. Editor's note, personally, I prefer printed copy.

Remember any requests for future social activities, please send an email, phone call or old-fashioned letter. The committee will do their best to meet any challenges.

Regards

Janis Bourne  
Secretary/Treasurer

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### *Disclaimer*

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*Articles appearing in this newsletter are of the opinion of the authors and do not necessarily reflect the opinion of the society.*