Amputee Society of Auckland & Northland Inc. 23 Birdwood Road Swanson

Telephone: - (09) 8338 057 Email: - <u>janismbourne@gmail.com</u> anamputeesociety@gmail.com

## **Patron**

Mr Geoff Lamb ONZM, FRCS.FRACS

**President**Mali Liupuhi
Telephone 021 524 821

Vice President
Katrina Bungard
Telephone 0800 528 286

Secretary
Janis Bourne
Telephone (09) 8338 057

# Treasurer/Northland Contact

Kathy Palmer (09) 430 6499

## **Newsletter November 2020**

Hi All,

Phew! November, then December and Christmas, this year is almost over.

Between Covid 19 Lockdowns and for Auckland, Water shortages, it has certainly been one horrible year.

Due to Covid 19 and restrictions the committee have been loathed to organise anything for fear of yet, another lockdown and disappointment.

The Amputee Federation Conference and GIAG 2021 is planned for weekend 16 to 18 April 2021 or weekend 23 to 25 April 2021 in Rotorua. The chosen hotel is currently being used for quarantine purposes. We will keep you informed as to what is happening. Rotorua is so close for us Aucklanders and Northlanders to attend. It will be a shame if we miss out, yet again.

## **Subscriptions**

A payment has been received in our bank account on 18 September 2020 for \$20.00. No name has been given. If this is your subscription and/or donation, please let either Kathy Palmer of Janis Bourne know. We do not know who to credit with this amount. This is the second time this has happened. Direct credit to our bank account is wonderful, but please include your name.

## Sailability

A few years ago, we had a speaker, Tim Dempsey, who was from Sailability Auckland. This is open to all disabilities, ages and needs. Waikato Amputee Society has advertised Sailability in Hamilton.

For more information regarding Sailability Auckland, visit the website <a href="mailto:www.sailabilityauckland.org.nz">www.sailabilityauckland.org.nz</a> or email Tim Dempsey on <a href="mailto:sailabilityauckland@gmail.co.nz">sailabilityauckland@gmail.co.nz</a> Our fellow amputee and friend Christine Amosa, below knee double amputee participated in this sport and really enjoyed the freedom on the water. Sadly, Christine is not with us now to give support and show what can be achieved.

#### **William Pike**

Kia ora and hello everyone, my name is William Pike and I'm an Auckland based BK amputee. I was privileged to meet many of my fellow amputees at the annual conference at Dunedin in 2019 where I delivered a presentation.

Since losing my leg, I've always struggled to stop dirt, sand, moisture and dust etc from wrecking my prosthetic feet and components. I became tired of repeatedly cleaning my prosthetic limb and taking unnecessary visits to the Limb Centre to replace parts. I decided to do something about it...

Over the past few years, I tried and tested countless different prosthetic covers. This year my wife and I refined our design and started a company called Pro Armour (short for Prosthetic Armour). Last month we released our first product on the market - the Pro Armour Lite.

The Pro Armour Lite is a protective cover made for amputees, of all abilities. Now I can take a walk along the beach, do some gardening, or go fishing without worrying about the elements damaging my prosthetic! They also look great as a cosmetic cover.

The Pro Armour Lite is lightweight, simple to use and take seconds to put on/off. Now there's no need to change your prosthesis for different activities. They're available in different sizes to suit your prosthetic foot size. We're also extremely proud that they're NZ made and designed!

By wearing a Pro Armour Lite day-to-day, you'll reduce your limb maintenance and as a result - save prosthetists time, and reduce unnecessary spending by ACC New Zealand and the Ministry of Health - Manatū Hauora

Our vision behind Pro Armour is to offer amputees like you, the ultimate protection for your prosthetic limbs. More importantly than that, we want you to experience that same level of freedom, confidence that I have had.

We're extremely grateful to partner with The Peke Waihanga - Artificial Limb Service who are now stocking the Pro Armour Lite, just in time for your summer activities.

The Pro Armour Lite is free and available at all New Zealand limb centres – ask your prosthetist for one today!

#### **Keen to learn more?**

Follow us on <u>Facebook</u> (@prothetic.armour) Visit our website: www.proarmour.co.nz





William wrote a book of his experience of becoming an amputee and his wonderful journey. "Every Day is a Good Day." Wonderful book and wonderful way of expressing his experience.

In previous years the committee have held social events, coffee, cake and chat, Mid-winter Christmas meals, Barbecues to name a few. Hopefully in the future these may continue and we can again, build a support system for fellow amputees.

A date for our Annual General Meeting has not been set at time of writing. A special newsletter will be sent advertising this event and advising of venue, time etc.

Please find attached or included in this newsletter November 2020 edition of Purpose. This is compiled by the Amputees Federation of New Zealand Incorporated. Enjoy reading the latest news of fellow amputees and their trials and tribulations and how these have been overcome.

I will take this time to wish everyone a very merry, safe and Covid 19 free, Christmas.

Here's hoping this Covid 19 Pandemic has run its course, especially in the "Land of the Long White Cloud", and life can return to some sort of normality.

Merry Christmas and a wonderful 2021, minus, Covid 19.

Regards

Janis Bourne Secretary Amputee Society of Auckland and Northland Inc.

Auckland Artificial Limb Centre
7 Horopito Street
Mt Eden
Auckland 1024
Telephone numbers (09) 630 0644 or Toll Free 0508 630 630

Disclaimer

Neither the society, not any persons associated with it accepts any liability for the contents of this newsletter, which was prepared and believes to be correct.

Articles appearing in this newsletter are of the opinion of the authors and do not necessarily reflect the opinion of the society.

## **Letter from Kathy Palmer, Treasurer**

Hi Folks,

Another year has rolled by and the Amputee Society of Auckland and Northland Inc financial year ends 31 December 2020.

This means subscriptions of \$10.00 per year for 2021 on 1 January 2021 – not perfect timing considering this is the middle of the summer holidays for so many. However you can pay during December 2020.

2021 Membership \$10.00 Due 1 January

Payment maybe made direct to our society bank account 12-3061-0190809-00, remember to include your name, as reference and Membership 2021.

Or by posting direct to Kathy Palmer
1A Denby Crescent
Tikipunga
Whangarei 0112

Or payments can be made at the Auckland Artificial Limb Centre 7 Horopito Street

Mt Eden Auckland 1024

Sarah and Nafisa have a receipt book and are more than happy to take your subscriptions and/donations and write a receipt.

Membership to the Amputee Society of Auckland and Northland Inc entitles you to receive regular newsletters, the Amputee Federation magazine Purpose, able to attend Annual General Meetings and social gathers when held.

Your membership adds to the number of votes delegates can use at the Annual National Federation Conference.

Your membership helps when and if necessary, to lobby either national or central government, for example in the RML debacle a few years ago.

Memberships are the main source of income, supplemented by grants to enable delegates and observers to attend the Annual Amputee Federation Conferences.

Regards

Kathy Palmer