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August/September 2014 Newsletter

Dear All

The committee would like to apologies for the delay in sending out the newsletters or information over the past months. Ill health with the office holders has been the result.

Our President, Mali Liupuhi has had health and work related issues. The ill health has resulted like it has been around forever. in an operation, from which Mali Liupuhi has now successfully recovered. Work issues are ongoing and we hope for speedy success with this. New employment plans will be in the near as the New Zealand Artificial Limb Services, future for Mali, with much success and happiness for all concerned.

Secretary/Treasurer, Janis Bourne, had a work place accident at the beginning of May 2014, which resulted in 16 stitches to her forehead. Janis was sure she would be back at her place of employment and continuing with her amputee work, once the stitches were found it difficult to complete even half a day of employment, without requiring regular rests and sleeps.

Field Officer, Kerry Wilfred-Riley, was to have attended a Limb Centre Clinic at Whangarei Base Hospital on the weekend of 1 August 2014, but a severe lung infection, flu etc. had Kerry laid up for several weeks. Three prescriptions of antibiotics later and Kerry is sounding a lot more like her old self again.

You will notice the new logo at the top of the newsletter and also on the cover of the enclosed July 2014 Purpose. This was past at our Federation conference in Nelson in March 2014. Moving with the times! Took a while to get used to the colour and movement of the logo, but is part of our culture now, and feels

The New Zealand Artificial Limb Board has undergone a name change and will be known with the Māori name of Peke Waihanga, Aotearoa added to the letter heads. Loosely translated means; Limb Construction/Building New Zealand.

The committee had quite a number of events planned for the 2014 year. We had looked at inviting a Garden Expert talk about gardening for the disabled, or able bodied challenged removed. Delayed concussion set in, and Janis people. (Note we are not disabled just because we have lost a limb.)

> Kerry advocates pets (dogs or cats) as companions for those who live alone. She has had several successful stories of these situations.

Kerry herself has a three legged dog, named Leo, which she has been known to take with her on visits to hospitals and rest homes.



Kerry also has a three legged cat, named Charlie.



Both acquired from the SPCA in Hamilton. This has featured in a previous Purpose Magazine.

The committee need to remind all members our financial year is from 1 December to 30 November each year.

Subscriptions are \$5.00 per year.

We have received a number of subscriptions, and donations for which we say a huge **THANK YOU.**

The number of financial members determines how many votes we have at federation level, which in turn helps our say in the changing policies for fellow amputees.

Remember in previous years, the federation have implemented free stump socks, free limbs and repairs.

The Amputee Society of Auckland and Northland need your support.

Subscriptions are payable to Anne Buxton, at the Limb Centre, or by forwarding to the Secretary/Treasurer Janis Bourne, at the above postal address or by direct credit to the society bank account.

Which is: ASB 12 - 3061 - 0190809 - 00

Please ensure you include your name in reference so we are able to send receipts.

Note our receipts also carry the new logo and are much more user friendly than the previous receipts.

Moving forward, the committee have not visited Whangarei for a couple of years.

This event is planned for the Saturday 4
October 2014. We will be meeting at the
Mokaba Coffee House, 6 Quay Street, Town
Basin, Whangarei, as in previous years, and
would like to do so again. This will coincide
with Field Officer, Kerry Wilfred-Riley visit to
Whangarei Base Hospital on Friday 3 October
2014.

If Whangarei and Northland members would like to attend this get together, please contact Peter Smythe or Maureen Ross in Whangarei, phone 09 434 6511, to ensure we have numbers to reserve a table at Mokaba Coffee House.

To allow for a contingent to travel from

Any Auckland amputees or careers who would like to join Whangarei amputees are more than We look forward to catching up with all at our welcome to make the trip north. Please contact a committee member to ensure we can our End of Year, function on 6 December 2014. book a table at the coffee house.

The last time we visited the north, we were fortunate to have a pot luck lunch at the home Trust all are well and looking forward to the of Peter McKenzie in Dargaville.

This was a wonderful day enjoyed by all those who were able to travel. We had four amputees and caregivers travel up from Auckland, and many travelled from Whangarei and surrounding districts.

The committee plan for an End of Year function some people refused to change their clocks. for Saturday 6 December 2014. Again this is a Saturday to coincide with Kerry attending the Whangarei Base Hospital Limb Centre Clinic on Friday 5 December 2014.

Remember all Northland amputees who would like to attend the clinic, register your interest with the Auckland Artificial Limb Centre on phone number 09 630 0644 or free phone 0508 630 630.

In previous years we have had a Barbecue at the Auckland Artificial Limb Centre, Horopito Street Mt Eden. The facilities for amputees at the Limb Centre are ideal for amputees and we all know where the Limb centre is.

The committee wondered if members would prefer a change of venue and activity. Perhaps we could have a Christmas lunch at a café or restaurant or RSA?

Put on your thinking caps and make some Auckland, can we make a meeting time of 1pm. suggestions. Remember the venue will need to wheel chair friendly with disabled parking.

> Whangarei Luncheon on 4 October 2014 and The next newsletter should be out before December 2014.

> spring bulbs, warmer weather and longer days as summer approaches. Day light saving cannot be too far away.

Goodness, remember when day light saving started in 1977 (I think) we seemed to have months and months of advertising, people, especially farmers did not think it would work,

Now we are told the day before, and everyone just gets on with it. We have learnt to enjoy the longer evenings, more chance for time in the garden, sports events, walking and the beaches.

Regards to you all

Danis Bourne Secretary/Treasurer

Sharing a Thought

I am no longer accepting the things I cannot change I am changing the things I cannot accept

Telephone numbers:-

Field Officer: - Kerry Wilfred-Riley telephone 027 376 1270 or (07) 849 6362

Total Mobility Officer: - Nic Hewton telephone (09) 833 4470

Committee Members: -

Carol Whiting – telephone 832 6311

Lois Mackenzie – telephone 021 188 0023

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This letter has been proudly produced with the support of the New Zealand Lottery Board Grant