



# AMPUTEE SOCIETY OF OTAGO & SOUTHLAND INC.

Affiliated to the Amputees Federation of New Zealand Incorporated

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## NEWSLETTER

No. 178

AUGUST 2013

Hello everyone! I hope this finds you all well and happy - actually, it seems that you're all a very contented lot as there were only four responses to the questionnaire sent out with the last newsletter asking if there are any activities we can organise to fill gaps in your lives. However, remember that we're always open to suggestions. A further general questionnaire is included in the enclosed issue of *Purpose* - your response would be appreciated.

### OBITUARIES

Since the last Newsletter, we have recorded with regret the passing of Colin Clark of Otautau, Bob Campbell of Oamaru, Tom Robertson of Invercargill, Roy Mitchell of Wanaka, and Hinemoa Graveson of Dunedin. Hinemoa joined our Committee in 2005 and her extensive knowledge on many subjects (not to mention her home baking!) will be greatly missed.

### NEW MEMBERS

We warmly welcome as new members: Helen Dawson of Invercargill, Susan & Peter Wood of Waimate, and Chris Campbell of Dunedin.

### SOUTHLAND NEWS

A tentative date of Thursday 3 October has been set for the next Limb-fitter's Clinic in Invercargill. If you would like an appointment, ring Sue at the Limb Centre (toll free on 0508-474-474).

And for later in the year, please put a note on your calendar that our annual Invercargill Meeting and Dinner will be held on Saturday 9 November. This will be followed by our annual Golf Day at Riversdale on Sunday the 10th. Further details about both events will be included in the next newsletter early in November.

### HERE & THERE

**Our thanks** to the Otago Community Trust for their recent grant and to SBS for a further \$1,000 grant through our Star account.

**Mid Winter Dinner** - 12 travelled by coach from Invercargill and another 12 by cars from Dunedin to meet in Balclutha on Saturday 8 June - a very successful occasion which is a must to repeat next year.

**Limb Centre** - Note that Sue will be on annual leave 27 August until 18 September. Please leave messages on the answerphone during this time and they'll be returned at the end of the day. Enjoy your holiday Sue!

**Overdue Subs** - There are still a few members who haven't paid their \$5 sub for 2012. If you're one of these, you'll have a red sticker on your Newsletter, and we would appreciate receiving your subs for 2012 and 2013 as soon as possible - either by post to me or to Sue at the Limb Centre. Or you can pay by direct credit to our bank account 031355 0277644 00 (please identify with your name).

**Committee Meetings** - Members are welcome to join us - our next meeting is scheduled for Wednesday 2 October at the Otago Bridge Club. Just phone me beforehand to make sure there's been no change.

**Newsletters by Email** - A number of members now receive their newsletters and *Purpose* by email and we're keen to increase this number. If you'd like to be included, email me at [lorrstan@xtra.co.nz](mailto:lorrstan@xtra.co.nz)

**Facebook** - Have you "Liked" us on FB yet? Go to the Federation's website [www.af.org.nz](http://www.af.org.nz) and click on our name to LIKE us!

**Wheelchairs** on loan are available from the Carers' Society Otago - \$30 deposit and for as long as you need them; they are lightweight, collapsible and fit in car boots. Phone (03) 471-6204.

## SPORT MATTERS



*Holly and Rory at our AGM earlier this year*

**Congratulations to our two Committee members!** Holly Robinson and Rory McSweeney both competed last week in javelin events at the international paralympic athletics world championships in France. Holly won a Silver medal and broke her personal best record to throw the javelin 34.37m in the F46 class. The following day, Rory threw a personal best of 49.95m to finish 6th in his F44 javelin event. We're so proud of both of you!



### Coming Events

**Paralympic Athletics Talent ID Camp** for athletes with a disability to be held in Dunedin 21-22 September. This camp, for athletes between 10-26 years of age, is targeted towards disabled athletes who are interested in joining the Athletics Programme towards future Paralympic Games. The cost to attend is \$30 per athlete which includes training and information sessions, plus lunch on Saturday. For more information and to express an interest in attending, contact Hadleigh Pierson by email [hpierson@paralympics.org.nz](mailto:hpierson@paralympics.org.nz) or by mobile 021 847 820.

**NZ Amputee Golf Open** will be held at the Manor Park Golf Sanctuary in Wellington on 31 October & 1 November. For more information, see their website [amputeegolfnz.co.nz](http://amputeegolfnz.co.nz) or contact Jason on 021 188 5719.

And speaking of golf, a reminder that our golf cart at the 12 Oaks Golf Course in Mosgiel is available to all members. If you would like to use it, please phone Tony Wilson to make arrangements on 455-8426.

**Hand Movement Task: People with Amputation** - Participants are being sought to take part in a study on reaching and mirroring at the EEG lab in the Dept of Psychology at the University of Otago. If you are an upper limb amputee and would like to find out more, I can give you an Information Sheet and contact numbers.

**OUR VISITORS** - Get in touch if you would like a visit or just a chat.

Dunedin and Districts - Lorraine Peacock 455-6347 and Tony Horsfall 453-1261

Invercargill - David Johnston 214-1548 and Alice Smith 216-4271

Gore - Bill Lee 203-8263

Oamaru - John Hutcheson 437-1283

Lakes District - Tetli Carey 409-0484

Until next time, keep warm and take care