



**Amputee
Society**
of Otago &
Southland Inc.

Coordinator

Mrs Lorraine Peacock QSM
213a Bay View Road,
St Clair, Dunedin 9012
Phone: (03) 455 6347
Email: lorrstan@xtra.co.nz
Web: www.amputee.co.nz.

Newsletter August 2020 No. 206

Hi Everyone,

Well it looks like all our members have survived the covid-19 pandemic so far, let's hope we and the country can keep it that way. The Lockdown in an age of technology did not stop the committee meeting, we were able to continue by using Zoom. It is good to be able to sit in the comfort of one's home without the need to travel.

INVERCARGILL MEETING & DINNER

Our usual get-together will take place on Saturday 14 November at the Workingmen's Club Commencing at 4:15 p.m. for the meeting followed by dinner at 5:00p.m. Further details in the next newsletter.

ANNUAL SOCKET COMPETITION

Earlier this year, the inaugural socket design competition was run through the Amputees Federation's Facebook page. The competition was borne out of an idea put forward by Matt Bryson from Edgecumbe who is a Federation Executive member and Peer Support Coordinator for the NZ Artificial Limb Service. With expert help from Canterbury/Westland Secretary and current National President, Justine Mangan-Woods, voting from members within the closed Facebook group took place. The results of the voting were; **1st:** Justine Mangan-Woods, **2nd:** Ralph McGuigan, ChCh, **3rd:** Kylie Saunders, Central Otago.



Justine received a trophy as well as an I-Pad that was most kindly provided by the NZALS for winning the competition while Ralph & Kylie received petrol vouchers. Well done to the winners and all those who put forward their sockets for consideration. All of the designs were stunning and showed a huge amount of flair, imagination and innovation. It was great to see so many sockets entered and another competition will be run later this year with the results being available prior to the Rotorua conference in April 2021 subject to there being no Covid-19 restrictions.

(Originally published in the Canterbury/Westland August Newsletter)

LIMB CENTRE INVERCARGILL CLINIC

A tentative date has been set on October 8th at Kew Hospital, first appointment time 9am and last appointment 12:30. This is an opportunity for you to consult a limb-fitter if you have minor problems or repairs, without having to travel to Dunedin. If you wish to attend, ring Sue at the Limb Centre on 0508-474-474.

MEMBERSHIP

Deaths – Sadly we record the deaths of Harry Hunt and Robert Bain, both of Oamaru.

New Member – A warm welcome to Eileen Cook of Balclutha

FEDERATION NEWS (Peer Support)

Back in August last year the Peer Support Programme was launched here in New Zealand. Since then there have been a large number of referrals for support from people all over New Zealand. Since the lockdown here are a few of the statistics of what they have been doing.

April to June 2020: 57 People referred, 23 female and 34 male. Ages varied from 10+ to 80+. This covered many ethnicities, 9 were pre-amputation and one the partner of an amputee. 22 above knee and 31 below knee. The usual suspects were at play, diabetes, trauma, infection, cancer and congenital. The referrals came from 5 regions: Northland/Auckland 11, Waikato/BOP 30, Canterbury/Westland 7, Wellington 6 and Dunedin 3.

If someone would like peer support, Go to www.peersupport.nz A form will need to be filled out. Alternatively, they can contact Matthew Bryson on: 0508 733 778, Peer Support Coordinator. They can also send an email to: info@peersupport.nz. At present there are 71 trained volunteers throughout NZ, including partner support.

Amputees Federation of New Zealand Inc.

Website: <http://www.amputee.co.nz/>

Facebook: <https://www.facebook.com/Amputees-New-Zealand-171106899632566/>

Accessibilty Legislation

Many of you will be pleased to know there is progress towards achieving accessibility legislation.

The Ministry of Social Development, in collaboration with the Access Alliance, is leading the programme of work to improve accessibility in New Zealand. The Access Alliance comprises 9 organisations including Association of Blind Citizens New Zealand Incorporated, CCS Disability Action, Cerebral Palsy Society, Deaf Aotearoa, Disabled Persons Assembly NZ, Kāpō Māori Aotearoa New Zealand Inc, National Foundation for the Deaf, Blind Low Vision NZ, Parents of Vision Impaired New Zealanders, and People First, Ngā Tāngata Tuatahi. In June, Cabinet considered a paper from Hon Carmel Sepuloni, Minister for Disability Issues to the Cabinet Social Wellbeing Committee about a framework to accelerate progress towards accessibility. The good news is that Cabinet confirmed the Committee's decisions to accept the paper's recommendations.

The link below this text, will take you to the Ministry of Social Development's website where you can read more about the framework and the recommendations...

<https://www.msd.govt.nz/about-msd-and-our-work/publications-resources/information-releases/accelerate-accessibility/index.html>



A customer walks into a restaurant and notices a large sign on the wall: \$500 if we fail to fill your order.

When the waitress arrives, he orders elephant nuts on rye.

She calmly writes down his order and walks into the kitchen where all hell breaks loose!

The restaurant owner comes storming out of the kitchen.
He runs up to the customers table, slaps five \$100 bills down on it and says,
"You got me this time buddy, but I want you to know that's the first time in ten
years we've been out of rye bread!"

OUR CONTACTS

Dunedin and Districts - Lorraine Peacock 455-6347 and

Graeme Sayer 021 168 9221

Invercargill - David Johnston 214-1548 and Alice Smith 216-4271

Gore - Bill Lee 203-8263

Oamaru - Jan Browne 439-5543

Lakes District - Tetli Carey 409-0484

Newsletters by email:

With postage having again increased from July, it would be a considerable
saving to the Society if you are able to receive your newsletters by email.
Contact Lorraine at lorrystan@xtra.co.nz

SUBSCRIPTION FORM

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Use this form if you haven't yet paid this year's sub or haven't paid for last
year (there will be a red dot on the front of your newsletter).

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Clair, Dunedin 9012. Or you can pay by direct credit to our bank account
031355 0277644 00 (please identify with your name), or pay Sue at the Limb
Centre.

Newsletter Editor: David Johnston, 171 Earn Street, Appleby, Invercargill 9812. 03 214-1548

david.johnston003@gmail.com

Patron: Mr C L Birks, MB, ChB, FRACS

Affiliated to the Amputees Federation of New Zealand Inc.