

Coordinator

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Newsletter August 2021 No. 210

Hi Everyone,

I'm sure you will all agree that Otago/Southland is the area to be. Mid Canterbury, Westland, the Top of the South, Wellington, Taranaki and Top of the North have all been feeling the effects of our changing climate. Our

thoughts and best wishes are extended to our brothers and sisters who have had to weather more water than anyone could wish for. We hope you are managing to deal with the laborious task of cleaning up and trying to find some semblence of normality. While some are dealing with a massive cleanup, others are looking to see if we can have



a little clean up in Tokyo – so far so good. Before we went to print we were doing very well with more medals anticipated. Go NZ!

LIMB CENTRE NEWS:

Changes in the Dunedin Limb Centre Staff:

New Staff: Jemma Paddock, Physio, hours 9am-2pm Monday to Friday Havana, Amputee Services Co-ordinator Thursday & Friday

Sue has decided to work 3 days a week being Monday, Tuesday & Wednesday. Havana will work Thursday and Friday.

We farewell physios Wendy Lockhart and Liam Hutton. Wendy decided not to take on the full-time position but she will be available for Acupuncture as needed. Liam has taken an administration role within the hospital. They will both be missed by all of us.

Invercargill Clinic: Maybe the end of September beginning of October. If you want to be seen contact Sue or Havana at the Limb Centre.

OTAGO COMMUNITY TRUST

Our Thanks to the Otago Community Trust for their recent grant of \$500.

MEMBERSHIP

New Member - A warm welcome to new member Maureen Svensson of Gore.

Newsletters by email:

With the cost of postage now \$1.40 per item, it would be a great saving to the Society if you are able to receive your Newsletters by email. Contact Lorraine at lorraine.co.nz

COMING EVENTS

It was a positive move forward when a small group of Southland amputees got together, Instigated via Federation Facebook contacts, for coffee and a chat at a local café in Invercargill on the 3rd of July. Another meeting is planned for 4th September. If you would like to join this enthusiastic group, contact committee member Leighton Smith (<u>I8nandvkis@xtra.co.nz.</u>) 03 216 2000 or David Johnston (<u>david.johnston003@gmail.com</u>) 027 4548 483 for venue and time details.

Up for discussion will be suggestions on how we can promote the **Amputee Awareness Week on 4-11 October** in Southland. Any ideas?

We would also like to hear from Otago folk on how we can get out there and profile our cause. Contact Lorraine (455-6347) or Graeme (021 1689221) if you have any suggestions and would like to be involved.

INVERCARGILL MEETING AND DINNER (NOTE VENUE CHANGE)

Our usual get-together will take place on Saturday 13 November at the Paddington Arms Restaurant (220 Bainfield Road, Waikiwi) Commencing at 4:15 p.m. for the meeting followed by dinner at 5:00p.m. Further details in the next newsletter. There will be a set menu with a choice of 3 Entrees.



menu with a choice of 3 Entrees, 6 Mains and 4 Desserts. Cost will be \$35.00 less the \$10.00 Society subsidy.

PARALYMPICS - TOKYO - 24th AUGUST to 5TH SEPTEMBER

Holly Robinson and Anna Grimaldi are in Japan for the Paralympics and we wish them well. Watch the TV and the results for: Holly - Javelin (T46) and Anna - Long Jump (T47) and Sprint (F46). Both will be competing on 3rd of September

AMPUTEES FEDERATION NEWS

Next year's Conference and Give it a Go event will be held in Wellington during the weekend 8-10 April. This will be the 75th Jubilee of the Federation - details of the venue and programme will follow.

Amputees Federation of New Zealand Inc.

Website: http://www.amputee.co.nz/

Facebook: https://www.facebook.com/Amputees-New-Zealand-171106899632566/



Well here we are 18 months into the Covid pandemic, are we winning? Who knows? All we can do is to do our bit. Vonnie and I are now both vaccinated so if we get the virus now it will only be a mild dose rather than the full blown attack as we have with the poor crew of the ship in Bluff harbour, or Southland Hospital at the moment.

Neither Vonnie nor I had any reaction to the jab so

that was good. To protect yourself, your loved ones and the community, take the shot when it is offered.

TIME FOR A LAUGH



OUR CONTACTS

Dunedin and Districts - Lorraine Peacock 455-6347 and

Graeme Sayer 021 168 9221

Invercargill - David Johnston 214-1548 or 0274-548-483 and

Alice Smith 216-4271

Gore - George Gaudion 027-437-9865

Oamaru - Jan Browne 439-5543 Lakes District - Tetli Carey 409-0484

SUBSCRIPTION FORM

Use this form if you haven't yet paid this year's sub or haven't paid for last year (there will be a red dot on the front of your newsletter).

Membership subscription (\$10) Associate Membership for partner/spouse (\$10) Donation (Donations over \$5 are tax deductible) Total Name	\$ \$ \$ \$
(Include name of partner/spouse if subscribing as an Member) Address	n Associate
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(Please tick the box if you would like to receive your newsletters by email)

You can pay by direct credit to our bank account 031355 0277644 00 (please identify with your name), or pay Sue at the Limb Centre, or Lorraine at one of our gatherings.

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Patron: Mr C L Birks, MB, ChB, FRACS Affiliated to the Amputees Federation of New Zealand Inc.