



# **Amputee Society** of Otago & Southland Inc.

## **Coordinator**

Mrs Lorraine Peacock QSM  
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## **Newsletter February 2022 No. 212**

Hi Everyone,  
Happy New Year. Here we are again well into the new year. What will it bring? Who knows? This time last year most of us would have thought things would be back to normal by now but that was not to be. Hope you and yours are safe and well. There are a few things you can come to in today's newsletter if you are at a loose end and want to get out of the house or need a few days away.

### **AGM # 78**

Notice is hereby given that the 78<sup>th</sup> Annual General Meeting of the Society will be held at the Equinox Restaurant, 146 Victoria Road, Dunedin, on Saturday 26<sup>th</sup> February at 5.30 pm. Dinner will follow the meeting at approximately 6 pm and the Society will subsidise this at \$30 per person. The menu will either be a la carte or a set menu – the latter only if there are more than 20 attending. In these uncertain times we need your support more than ever to keep the Society afloat so please come and join us. There is ample parking at the restaurant which also has wheelchair access. Please ring Lorraine on 455-6347 by Wednesday 23rd Feb to say you'll be there or to register an apology – we look forward to seeing you!

### **INVERCARGILL MEETING/DINNER and DUNEDIN DINNER**



Our usual get-together took place on Saturday 13 November at the Paddington Arms Restaurant, the meeting being followed by dinner and drawing of raffles. 28 members attended with several apologies. A great evening was had by all in a good environment. It was our first time at the Paddington Arms and may be our last

as the establishment is being sold. Hopefully the new owners will keep it open.

The Pre-Christmas Dinner in Dunedin took place at the Equinox. A select group attended who enjoyed a lovely evening in each other's company.



### **The 75<sup>th</sup> Jubilee of the Amputees Federation of NZ**

will be held in Wellington on 8-10 April. Due to the pandemic, the Federation's Conferences and Give it a Go! (GIAG) events for the last two years have had to be cancelled but it is all go this year. The number attending will be capped at 100, Vaccine Passes will be mandatory, and masks and social distancing will apply. Due to the cancellation of previous conferences, our Society holds Air NZ travel credits which we are keen to redeem and we are therefore inviting interested members and partners who would like to attend and have their return fare to Wellington paid to get in touch with Lorraine. The cost of accommodation will also be met by the Society or by the Federation (for GIAG attendees). For more information, see the Conference and GIAG programmes on the Federation's website [www.amputee.co.nz](http://www.amputee.co.nz) Note that registrations close on Saturday 5 March.

The **Conference Programme** includes sessions on

#### **Rethink Phantom Pain**

with Danyel Degenhardt  
(Hypno Physio)

#### **Be Resilient Having Faced Adversity**

with Ian Walker  
(Motivational Speaker)

#### **How to Live Life Unlimited**

With Korrin Barrett  
(Motivational Speaker)

The **Give it a Go! Programme** for 16-35 year olds includes

Axe Throwing and  
White Water Rafting on the  
Otaki River

#### **Saturday Evening**

**A Jubilee Dinner with a 1940's – 1970's Theme  
And Music by a Top Band**

## MEMBERSHIP

**New Member** - A warm welcome to two new members - Kirsty Bowden and Aleina Beer, both of Invercargill. We look forward to meeting you at one of our gatherings.

**Deaths:** It has been a good two months with nothing to report.

### **Newsletters by email:**

Please get in touch with Lorraine [lorrstan@xtra.co.nz](mailto:lorrstan@xtra.co.nz) if you would prefer to receive your newsletters by email. That is certainly our preference and considerably cheaper!

## SUBSCRIPTIONS

Subs are now due for 2022 and there are also a few members who haven't paid for last year (2021). If you are one of these, there'll be a red dot on the front of your newsletter or you'll get a follow-up email. You can pay by direct credit to our bank account 031355 0277644 00 (please identify with your name) or pay Sue at the Limb Centre, or pay Lorraine at the AGM!)

The membership subscription is still only \$10 per year and your partner/spouse can also be a member for \$10 per year. We also welcome donations (note that these are tax deductible if over \$5).

### OUR CONTACTS

Dunedin and Districts	Lorraine Peacock 455-6347 and Graeme Sayer 021 168 9221
Invercargill	David Johnston 214-1548 or 0274-548-483
Gore	George Gaudion 027-437-9865
Oamaru	Jan Browne 439-5543
Lakes District	Tetli Carey 409-0484

**WE LOOK FORWARD TO SEEING YOU AT THE AGM  
ON SATURDAY 26 FEBRUARY!**

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Patron: Mr C L Birks, MB, ChB, FRACS

Affiliated to the Amputees Federation of New Zealand Inc.

# **AMPUTEE SOCIETY OF OTAGO and SOUTHLAND ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2021**

2021 was very much a repeat of 2020, although Otago/Southland got off pretty unscathed. All but 2 of our meetings were held by Zoom, the other two - the AGM and the Invercargill meeting - were very civilized and held with a meal. Zoom has made it easy for committee members from both Otago and Southland to meet.

The AGM was held at the Equinox in Dunedin. I was re-elected as President, Anna Grimaldi as Vice President, and Lorraine Peacock as Coordinator. Other committee members elected were Simon McMillan, Graeme Sayer, Leighton Smith, and Gavin Wilson. My thanks to all for serving as Committee members this year.

Our annual Invercargill Meeting and Dinner was held on Saturday 13<sup>th</sup> November at the Paddington Arms Restaurant, and the pre-Christmas dinner at the Equinox Restaurant in Dunedin on 4<sup>th</sup> December was also enjoyed by those who attended.

Congratulations to our sport's golden women (Anna and Holly) who did so well at the Paralympics this year.

Our condolences go to all those who have lost family and friends this year. We have lost a number of Members and Associate Members which has again meant a reduction in our numbers. Welcome to those new members who have signed up – it's good to have you aboard.

We are grateful for the support received in the way of grants during the year from the Otago Community Trust and the Invercargill Licensing Trust. Thank you also to those members who have given donations to our Society - we do appreciate your support.

During the year we were able to make welfare grants to some of our members from funds invested for this purpose and we know these were appreciated.

We appreciate the service provided to our Society by Philip Noye in reviewing our accounts. (Our financial statements will be available to members at the AGM but if you would like a copy sent to you, please let Lorraine know.)

I look forward to seeing many of you at the AGM and dinner at the Equinox on the 26<sup>th</sup> February.

A handwritten signature in black ink, appearing to read 'David Johnston', with a stylized flourish at the end.

*David Johnston* President