



Amputee Society of Otago & Southland Inc.

Coordinator

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Newsletter February 2024 No. 220

Greetings Everyone,

Welcome to summer, a bit of a weird one but it will have to do. We have our AGM coming up on 23rd Feb, details below, you are encouraged to come and will be most welcome. Our Invercargill meeting and Christmas dinner in Green Island both went well with a good attendance. At the Invercargill meeting there was a moment when the agenda was hijacked. Some very kind committee members took over and presented me with a Life Membership, and Vonnie received a lovely bunch of flowers. Thank you for that, it was a really pleasant surprise.

AGM # 80

Notice is hereby given of the 80th Annual General Meeting of our Society to be held at the Village Green Restaurant, Sunnyvale Park, 326 Main South Road, Green Island, on Friday 23 February 2024 at 5:00 pm. Following a quick meeting, we look forward to your company for



a meal subsidised by the Society at \$25 pp for members and Associate members. This is an excellent venue with plenty of parking (including Mobility Parks) and a lift to a restaurant with a light and open atmosphere and super view. Ring Lorraine on 0274221298 by Wed 21 February to say you'll be there!

Annual Meeting business:

1. We have received notice from Incorporated Societies of the requirement to re-register our Society under the Incorporated Societies Act 2022 in order to remain an incorporated society. We give notice therefore that we will move to do this at our AGM.
2. Our financial statements have been audited (reviewed) and will be available at the meeting. However, please let Lorraine know if you would like a PDF copy emailed to you.

AMPUTEE SOCIETY OF OTAGO & SOUTHLAND ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2023

Well here we are again - another year come and gone. Once again Otago and Southland have survived without the weather bombs much of the country have had. As with 2022, all but two of our meetings were held by Zoom, the other two - the AGM and Invercargill meeting - were very civilized and held with a meal. Zoom has made it easy for committee members from both Otago and Southland to meet.

The AGM was held at the Village Green, Green Island. I was re-elected as President, Vice President: Graeme Sayer. Coordinator: Lorraine Peacock. Committee: Vonnie Crawford, Noel Graham, Gavin Wilson, Simon McMillan, Leighton Smith, Colette Blockley, and we coopted Kirsty Bowden. Reviewer: Philip Noye. Thank you for putting your names forward. My thanks to all for serving as Committee members this year.

Our annual Invercargill Meeting and dinner was held on Saturday 11 November at the Thar and Feather Restaurant at the Southland Hotel, and the pre-Christmas dinner and farewell to Sue Kennedy, at the Village Green Restaurant in Green Island on 1 December was also enjoyed by those who attended. As mentioned, the Limb Centre has lost Sue Kennedy and Alan Stewart, both feeling the time had come to resign; they will be missed.

The national Amputees Federation Conference was held at the Plaza Hotel in Christchurch on the 14-16 April. A number of our members attended which was nice to see.

Our condolences go to all those who have lost family and friends this year. Welcome to those new members who have signed up; good to have you aboard. Our membership number remains steady just up a little on last year at 133.

We are grateful for the support received in the way of grants during the year from the Otago Community Trust, the Invercargill Licensing Trust and the Lion Foundation. Thank you also to those members who have given donations to our Society - we do appreciate your support.

We appreciate also the service provided to our Society by Philip Noye in reviewing our accounts.

I look forward to seeing many of you at the AGM and dinner at the Village Green on Friday 23rd February.



David Johnston
President

NEWSLETTERS BY EMAIL

If you're receiving a printed copy of this newsletter and have access to email, we're very keen to add you to our mailing list and thus save the Society \$8 for the year's postage. Lorraine lorrstan@xtra.co.nz will be pleased to hear from you!

News from Peke Waihangā (Limb Centre)

A reminder that the Team Leader role has now been picked up by Becky Wilson. Also, where we were once greeted by Sue we are now greeted Monday to Thursday by Delwyn Short and Thursday and Friday by Janelle Kennedy. Welcome to the team and we will all look forward to meeting you.

MEMBERSHIP

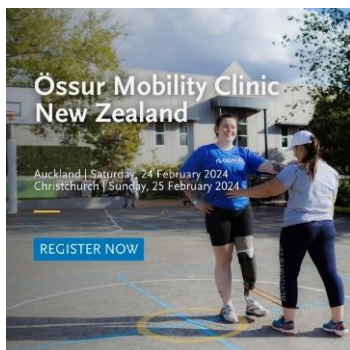
New Member - We have one new member this quarter, a warm welcome to Gary MacKenzie of Gore.



Deaths - Happily, we recorded no deaths this quarter.

Someone paid \$20 at the Limb Centre in December and didn't receive a receipt. If this was you please let Lorraine know, thanks.

MOBILITY CLINIC



Here is an upcoming event for amputees - 'Mobility Clinics' - in Auckland and Christchurch. **WHEN: Sunday, 25 February 2024, WHERE: Graham Condon Recreation and Sport Centre.** The Limb Centre has a big stack of brochures. Here is a link to register and get more information. [Össur. Life Without Limitations. \(ossur.com\)](https://ossur.com)

JUNIOR STUMP CLUB CAMP

15 — 17 Feb 2024 Kaiteretere Beach

(Up near Motueka) This is an awesome opportunity to explore the outdoors with experienced instructors and equipment from Whenua Iti Outdoors to build confidence & self-esteem while trying new activities.

This camp is for young amputees (10 – 16 years)

We have places for 20 (plus a parent/guardian)

Register your interest by emailing Claire West: icjcape@yahoo.co.nz

Christmas Dinner and Farewell to Sue Kennedy & Alan Stewart

Below is the script of our debt of gratitude to Sue from the Limb Centre as presented by committee member Simon McMillan at the Christmas dinner in December.

"I am very pleased to welcome Sue (and daughter Nikki) who are with us tonight. Sue has decided, after a few reductions in hours over the years, to retire from the Limb Centre. We owe her a debt of gratitude for all of her support and the way she always engages with patients. Sue has been involved at the Centre for a little over thirty years. She is for many of us the enduring face of the Centre everyone sees first – or hears first on the phone. Sue supported the Society by being an Associate Member and raising awareness of us with new amputees; even acting to encourage new members to join – collecting subs along the way.

Moreover, Sue's kindness and positive and happy disposition have shone through again and again. Sue is always ready for a short chat to see how things were going and always went out of her way to help: arranging visits, delivering a newspaper, cups of tea, or something to eat.

All of these and other parts of her job, were done with a laugh and a smile close at hand.



So, no more need for spreadsheets, Sue, or computers in general. And, guess what? You don't have to keep the current four prosthetists in order - anymore! Best wishes for your retirement. We have been lucky to have you by our side."

The photo is of Sue and Alan at the staff farewell held at the Limb Centre. Sue had served for 31 years and Alan 22. As the Americans are apt to say to their military personnel "Thank you for your service".

SUBSCRIPTIONS

There are a number of members who haven't paid their \$10 sub for last year (2023) - this is highlighted HERE if you are one of these or you will get a follow-up email. You can pay by direct credit to our bank account 031355 0277644 00 (please identify with your name), or pay at the Limb Centre, or Lorraine at one of our gatherings like the AGM.

The membership subscription is just \$10 per year and your partner can also join as an Associate member for \$10 per year. Donations are welcome and are tax deductible if over \$5.

OUR CONTACTS

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Affiliated to the Amputees Federation of New Zealand Inc.