

# Te Kāhui Mutumutu o Te Upoko me te Karu o te ika-a-Māui



The Amputee Society of the Greater Wellington Region Inc  
"Providing support for amputees and their families"  
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## November Newsletter 2021

Kia ora koutou katoa, Talofa Lava, Malo e lelei, Ni Sa Bula Vinaka, Greetings  
**Mate Urutā** **Deadly Disease** | **Mate Korona** **Corona Virus** | **Koweori-19** **Covid-19**

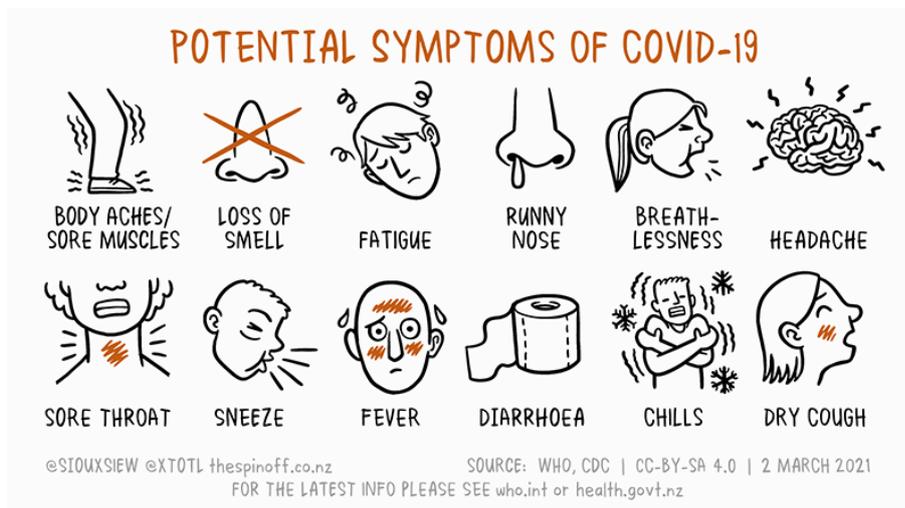


Tēnā koutou katoa, welcome to our November 2021 Newsletter. Undoubtedly we live in uncertain and disruptive times, as I write this newsletter our Government and MOH Official are advising our nation what freedoms you can expect in our run-up to Christmas and protesters are storming Parliament grounds here in Wellington. Lockdown has been particularly brutal to those residing in our nation's most populous city, Aucklanders having been asked to do most of the heavy lifting, bearing the burden of Lockdown as the rest of us south of the Bombay's have lived in reasonable Level 2 freedoms.

The decision to open the Bombay border is a tricky one for Cabinet and Health Officials, as the Government steps away from daily cases as the key measure and on to hospitalisation and a traffic light risk management plan. There is a significant amount of misinformation and negative vitriol circulating through social media, however there is strong scientific and medical evidence to get yourself and your whānau vaccinated, if in doubt, talk to your GP or get certified medical advice. As an Amputee losing a limb is one thing, many of our Amputee whānau are medically vulnerable giving us more skin in the game of life with excessively more to lose than a limb. It is without a doubt that Covid-19 is coming to your neighbourhood, it may not be a very happy Christmas for many this year but the best present you can give yourself and your whānau is a double vaccination.

<https://www.tepunahamatatini.ac.nz/2021/11/09/mis-and-disinformation/>

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-vaccines>



**\*SARS-CoV-2 Delta variant**, also known as **lineage B.1.617.2**, or **Indian variant** is a variant of lineage B.1.617 of SARS-CoV-2, the virus that causes COVID-19. It was first detected in India in late 2020. The World Health Organization (WHO) named it the Delta variant on 31 May 2021.

**Got Symptoms?... Get Tested!**

We are grateful for the support from:



## Peke Waihanga Artificial Limb Service

**Name Change:** Should you have rung the Limb Centre lately you would

have received a “Kia ora, **Peke Waihanga**” by either **Jules** (left) or **Julie** (right). You can be forgiven for confusing our two lovely Nana’s at the Service Coordinators desk because of their similar sounding names. The Artificial Limb Service has formally adopted the Māori language name for the service. ‘Peke’ simply meaning Limb and ‘Waihanga’ meaning to build, make or create.



## Peke Waihanga Artificial Limb Service

### Otto Schutte

He tangata māhaki, He tangata manawaroa.

**Retirement:** Otto has worked for the Artificial Limb Service for 47 years, his selfless and dedicated service to craft prostheses has enabled many hundreds of people who have suffered limb loss to rise out of their



wheelchairs and courageously step into a new world. Otto's tenure spans almost five decades allowing him to meld old-fashioned knowledge and skills with today's modern technological innovations ensuring that Amputees always received the very best clinical outcome. Otto is equipped with an uncanny ability to build friendly rapport with patients, allaying their fears and uncertainties, keeping the atmosphere welcoming, light and cheerful, all the while maintaining a professional mana-enhancing approach.

Otto's expertise and passion to help and equip others freely extended to the many staff and technicians who valued and benefitted from his old-school tutorage and new-world nous.

The retirement of Otto from NZALS will be a significant loss to the service, the outgoing ripples will be undoubtedly be felt by the entire Amputee community, many who owe their appreciation, gratitude and mobility to this honourable man and his distinguished 47-year career in Public Service.

We are grateful for the support from:





At his farewell held at Evans Bay recently, Otto received the Public Service Commissioners Commendation for Service and was also gifted an Anchor styled pounamu from The Greater Wellington Amputee Society.  
(insert: Kate, Frances, Otto, Ken)

**E te tangata māhaki, e te tangata manawaroa kua pakoa te tai-roa ki tawhiti.**  
*To you of humble and unassuming nature, resilient and enduring to the end.*

The long-lasting tide has receded to the distance. Otto we reluctantly release the mooring line that tethers you to your workbench, to your colleagues and to our whare, Peke Waihanga that has sheltered you these long years and farewell you to retirement. But in the same breath we celebrate in the knowledge knowing that soon a new sail will unfurl upon the moana with the beautifully restored yacht Tairoa guiding you to new horizons. Haere rā e te rangatira, e te ringa tōhau nui – farewell chiefly one with industrious hands.

## Peke Waihanga Artificial Limb Service

### Under New Management

Peke Waihanga, Wellington said bon voyage to manager **Becky Grooby** recently. Becky has decided to hang up her tools and take up a new role at the Dept of Corrections Head Office. We bid her goodbye with a gift of a pounamu on behalf of The Greater Wellington Amputee Society and our traditional farewell song, wishing her all the very best for the future. **Mate atu he tētē kura, ara mai he tētē kura** – when one fern frond departs, another rises to take its place. Congratulations to **Greg Vos** who has been appointed as the new centre manager of Peke Waihanga, Wellington. As Greg takes up this new role, he will undoubtedly be busy plying his trade at the workbench but also assuming some of the managerial responsibilities. I'm sure Greg would love to hear your well wishes for his elevation to this position. If you have any questions surrounding our service or treatment process please feel confident to talk freely to your Prosthetist, Physio or Service Coordinator in the first instance, alternately, I'm sure Greg's door will always open for clinical discussions should you require. Nau mai haere mai Greg ki tēnei taumata hōu – Ken.



We are grateful for the support from:



# Peke Waihanga Artificial Limb Service

## Renovations Completed



The internal make-over has now been (for the most part) completed, **Ka mau te pai!! Fantástico!!** Just a few minor details to touch up on but wow! the transformation is profound. Many thanks to all our Amputee friends and whānau who were patient patients during the noisy dusty alterations, thank you all so much for your kind cooperation and patience.

The alterations have been done with you in mind to facilitate ease of access and seamless interconnectivity with the service as well as make the Limb Centre comply with the stringent Health & Safety regulations. As you enter through these doors we welcome you to your new Peke Waihanga experience, we hope you are comfortable and feel right at home within the confines. To ensure that your visit and experience is of the highest standard please make known to staff anything in the new design that you think is not quite right, feels awkward and or hinders your ease of access. Nō reira, Nau mai Haere mai - Welcome.

# Peke Waihanga Artificial Limb Service

## Christmas Hours/Emergency Appointments

Peke Waihanga Wellington closes on Dec 24th.

Re-opens on the 5th of January 2022.

Anyone requiring an emergency appointment during the Christmas holiday period please ring Peke Waihanga/Wellington Artificial Limb Centre and you will be advised by voice message of the appropriate number to call.



**Limbs 4 Life**  
Empowering Amputees

## What's happening across the 'Ditch'

This is a **fabulous** and worthwhile edition to read from our Australian counterparts at Limb4Life.

<https://www.limbs4life.org.au/uploads/amplifiedFiles/Amplified-Edition-3-2021.pdf>

We are grateful for the support from:





# Amputee Society News



Hello everyone,

Another year has raced by & with it my first year as president of the Amputee Society of the Greater Wellington Region. It has been another year of challenges - largely COVID related - especially for those who may be reading this further up the North Island. Hopefully the " traffic light " system will cooperate & we can all look forward to as normal a Kiwi summer as possible. As Kiwis I'm sure we can adapt.

Due to Covid restrictions we have had to make the difficult decision to cancel or postpone some of our planned events, hopefully next year will bring greater certainties, freedoms and accessibility.

Unfortunately I will be unable to catch up with you at our pre Christmas Dinner ( One Fat Bird, Karori on 6 December ) as I am about to have operation no. 4 on a non cooperative knee. I am hoping to be out of hospital by Christmas.

On behalf of myself and my family I wish your all the best for a great Christmas and a happy and prosperous new year.

Nga hiahia pai

**Kath Stone**

President

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## **Postponed:** National Amputee Awareness Week

This was supposed to coincide with the Limbs for Life (Australia) week on 4-11 October 2021.

We hope to set a new date soon.



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## **Cancelled:** Fundraising Movie - Top Gun (Maverick)

Due to uncertainties around Covid restrictions we had to cancel our movie fundraiser scheduled for Sunday November 28<sup>th</sup>, at the Lighthouse Cinema, Pauatahanui.

We are grateful for the support from:



## Christmas Dinner One Fat Bird



**Not Cancelled:** Our Committee would like to invite our members to join us for our end of year Christmas Dinner at the One Fat Bird Restaurant in Karori on Monday, 6 December at 7pm. I have been assured by Juliet that the Restaurant is accessible and wheelchair friendly. The Amputee Society of Greater Wellington Inc will subsidize the cost of the meal for all fully paid up members by 50% so get your RSVP in quick we would love for you to join us. If you have transport issues please let us know as we may be able to assist you in attending. Please RSVP to our Secretary, Rob Penhey: [rob.penhey@gmail.com](mailto:rob.penhey@gmail.com)

One Fat Bird website and Menu <https://onefatbird.co.nz/>

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**Kia Ora/Welcome** New Members: **Cherie Bedford, Christine Windle, Bruce Brown, Callum Lowe**

**Haere atu rā/Farewell:** Sadly, we note the passing of amputee **Danny Lynch** in October. On Wed 24th Nov we also said farewell to **June Penhey**, the mother of our Society's Secretary, Rob Penhey. **Moe mai okioki mai rā e kōrua mā.**

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**Amputees Federation of New Zealand Incorporated**

**Not Cancelled: Amputee Federation: Conference & Give it a Go 2022**

The 2022 Conference and Give it a Go event is still going ahead at this stage, plans are well underway but understandably plans a fluid. It will be held in Wellington at the Brentwood Hotel during the weekend of **8-10 April**. A significant milestone, this will be the 75th Jubilee of the Amputee Federation of New Zealand - details of the venue and programme will follow early in the new year.

### **Purpose Magazine**

Click on the link below to open the latest publication from the Amputee Federation of New Zealand. It has some great reading and useful information for Amputees.

[https://mcusercontent.com/3aea4d393cf343023bd6ca19c/files/2963c6ee-ffdf-902f-0dce-9b4cb0e098be/Purpose\\_November\\_2021.pdf](https://mcusercontent.com/3aea4d393cf343023bd6ca19c/files/2963c6ee-ffdf-902f-0dce-9b4cb0e098be/Purpose_November_2021.pdf)

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**He iti hoki te mokoroa nāna i kakati te kahikatea.**

(The mokoroa grub may be small, but it cuts through the White Pine)

**"Strength of Purpose Achieves the Impossible"**

We are grateful for the support from:



# Greater Wellington AGM 2022

## Nau mai Haere mai

NOTICE IS HERBY GIVEN that the Annual General Meeting of the Amputee Society of the Greater Wellington Region Inc will be held on: Saturday February 12th, 2022 at 3:00pm.

The Amputee Society of Greater Wellington Region Inc cordially invite all our Amputee Society members, whānau and friends to join us for our Annual General Meeting to be held at Peke Waihanga/Wellington Artificial Limb Centre, 42 Mein St. We would love to have your input and the creative passions of our members heard, so please consider attending to help us determine the future of your Amputee Society.

**If you need support or transportation to get to the AGM please contact Ken on 0274876599**

Vice President  
27 Waiho Tce  
Elsdon, Porirua 5022

Dear Ken

I **will/will not** be attending the AGM of the Amputee Society of the Greater Wellington Region Inc on Saturday 12th February 2022 at Peke Waihanga/Wellington Artificial Limb Service, 42 Mein Street, Newtown commencing at 3:00 pm.

I wish to renew my membership of the Amputee Society of the Greater Wellington Region and enclose payment to cover the following:

Membership subscription (\$10)	\$ .....
Associate Membership for my partner/spouse	\$ .....
Donation	\$ .....
Total enclosed	\$ .....

**Westpac Bank Porirua 03 0547 0712589 01**

Name .....

Address .....

City ..... Post Code .....

Phone number ..... Mobile .....

Email .....

Ken can be contacted on 04 2377630 or 0274 876599 or whanau.tetau@gmail.com

We are grateful for the support from:

