



Hawke's Bay and East Coast Amputee Society Inc

Affiliated to the Amputee Federation of New Zealand

Newsletter September 2013

Editor's note

Hello everyone, just a word of explanation; this newsletter is a little shorter than usual! Not to worry, there will be another one next month. Our Society is becoming more active now and we have enough going on to have a newsletter every two months instead of three monthly. The Purpose Magazine is published every four months. We'll put out a newsletter to coincide with the next Purpose so we will be able to combine postage. From then on every second newsletter will come in the same envelope as the Purpose mag, thus saving Society funds. I hope you enjoy the newsletters and I would like to invite everyone to let me know if there is anything of interest to share.

Diane Walsh: email daisym@paradise.net.nz or phone 06 8774294.

Helping Hands

The Amputee Society has gratefully received grant assistance this year from the **Eastern and Central Community Trust** and **Springhill Charitable Trust and Frimley Foundation**. With these grants, we have been able to send two representatives to Gisborne, twice this year, to meet with members attending the limb clinic held at Gisborne Hospital. Our members on the East Coast really appreciate this support and it is a great opportunity for the two areas to keep in touch. We have also made use of these funds for Society administration and to send two delegates to the New Zealand Conference, in Wellington, in March.

We are delighted to have recently been enabled to employ a part time Field Officer, Geoff Hansen. This has been made possible by very generous grant funding from **First Light Community Foundation Limited**. The grant has covered Geoff's wages for one year, as well as his monthly petrol allowance. Since commencing his new role, Geoff has been able to support new amputees, has begun networking among organizations relevant to amputees and is working towards building an effective liason with health providers, including the DHB in areas which serve amputees. Geoff has recently travelled to Gisborne and as far South as Porongahau to meet members.

A sincere thank you to the trustees for their support.



President's Report

Joan Parker

Hi Everyone, This last quarter has been busy.

We went to Puketapu for lunch on the 28th of July. Twenty two people attended. Everyone seemed to enjoy the event and Merv Cockroft won the raffle.

On the 10th of August we held a Sausage Sizzle fundraiser outside Mitre 10 Hastings.. It was a very wet day but we sold almost all of the sausages, which were kindly donated by **Baldy from the Bald Butcher**.

Thankyou to all those who helped on the day and those who donated bread, sauces, onions and margarine.

We raised \$300 dollars. It was great to get our society "out there" and people were interested in what it is like to be an Amputee.

There is interest in doing another similar fundraiser in possibly Napier, so we'll be looking for helpers again.

Field Officer's Trip to Gisborne

Geoff Hansen

4th Sept Joan and I left Hastings 6.00am to travel to Gisborne for the limb fitter's clinic. We battled some very thick fog in places and intense sunrise coming straight at us at times but got to the Gisborne Hospital Orthotics Dept at 8.30am, with Joan in one piece although she may have had a piece of my seat in her hand from gripping it so tightly. I was happy to be there, with no traffic tickets and to find a toilet. There were around 17 patients who came for appointments with Claude and Carein, the Clinical Prosthetists from the Hamilton Limb Centre. There were also a few orthotic patients who had appointments with Reg the Clinical Orthotist at Gisborne Hospital during the day. We spoke to everyone, often with Joan introducing me to patients she already knew. We met lots of nice, friendly people and gained a new member, Clarence.

Young Ashlee had liked us on Facebook within a couple of minutes of me telling her about our Facebook page. Jim Grieg had kindly organised a lunch at Snackisfaction, in town, which was excellent, (Thanks Jim). Unfortunately only 6 of us were there for it. Rob, Peter, Jim, and Chris bought multiple tickets in the raffle, along with Joan and myself, but Chris took home the prize. Sadly, we heard that an East Coast member, (Charlie) Maurice Hatten had passed away late in August, our condolences to the family.

Although the weather forecasters had predicted rain we had none of it and it was a pleasant Gizzy day. The next morning, I had a meeting with Sue, the Clinical Leader of Occupational Therapy at Gisborne Hospital. As the only appointment for Thursday morning was cancelled, we got away at 9.45am. A more leisurely trip home was in order, although we had intense rain for about 80kms of the journey south of Gisborne through to south of Wairoa. I will be back for the Clinic in March and hope to meet some more people then.

Subscriptions are now overdue

If you have already paid...**thankyou**
 If not...Please post your \$10 cheque to
HB/ East Coast Amputee Society
PO Box 369 Hastings
Or pay online to
 03 1518 0032642 00

Remember to include your details so we know who the payment came from

Farewell

It is with sadness that the committee acknowledges the passing of three of our members.

East Coast member **Charlie Hatten** died in August,

as did **Keith Merriman** of Havelock North.

Napier member **Trevor Groom** passed away in early September.

The committee extend their sincere condolences to the family and friends of these members.



Introducing Tanya Jeffcoat Field Officer for Diabetes Hawkes Bay

By Geoff Hansen

Unfortunately Diabetes and amputation often go hand in hand (pardon the pun)

Tanya completed a Diploma of Nursing at EIT back when it was known as Hawkes Bay Polytechnic. Tanya has predominantly worked ever since, in community and women's health . For the last three and a half years Tanya has worked for Diabetes Hawke's Bay. She lives out in the country and has a seven year old daughter, two miniature horses and a cat and loves the lifestyle out of town.

Tanya's role is similar to our Field Officer and is around informing and educating people and basically being there for them and their families and friends as required. She is a very knowledgeable and friendly person who is easy to talk to. We look forward to working with Tanya in reaching out to people affected by these conditions.

Tanya can be contacted at their office in Taradale on 845 3912

Outward Bound /Activate Physical Disability Course

Tues 19th November till Tues 26th November 2013

**Eleven places are offered for disabled people aged 18+
in the stunning Marlborough Sounds**

Cost \$2500. Scholarships of \$2000 are available

Contacts www.outwardbound.co.nz/activate

Simone 0800 688 927

Sharris@outwardbound.co.nz

Our Facebook page is slowly growing. Please visit and Like us. We would love to see your post whether it's serious or funny, controversial or conversational. See you there.



Lunch at The Filter Room

Sunday, October 6th, 1230pm
The Filter Room
Awatoto Rd
Meeanee

Phone Joan 877 8026
Transport can be arranged if required

Our Christmas Luncheon

Is being planned for December 1st
Mark the date on the calendar
The details will be in the next newsletter



Baldy
The Bald Butcher
403 Riverslea Road, Hastings

Thank You Very Much

The delicious Sausages donated for our Sausage Sizzle sold like, well hot sausages.

Your generosity was truly appreciated

Fun
and
Games
with Reg

Shenannigans
at
Gisborne Limb
Clinic

