



Amputee
Society
of Hawke's Bay/
East Coast Inc.

Newsletter

November 2022

WELCOME REPORT



Spring has well and truly sprung and summer is almost upon us. I can't believe we're only a few weeks from Christmas too!

We were lucky enough to still hold our Mid-Winter Lunch on July 17th in the middle of yet another covid outbreak and unfortunately quite a few members couldn't make it due to illness so it was a small but lovely event (see photos in newsletter).

In October it was Amputee Awareness Week (4th to 11th October). We had a stall at the Napier Urban Market on the Saturday morning and committee member Al Van Zonneveld had a display at his gym (photos included in newsletter). A huge thank you to those members who visited the stall and to Amputees Federation of NZ and Peke Waihangā for kindly donating promotional items and posters to display.

Napier City Council are putting on a free Christmas Movie event on December 3rd in support of International Day for People With Disabilities, a flyer is included and we have our annual Christmas Lunch booked in for December 4th please RSVP asap.

We look forward to seeing many of you at the Christmas lunch and the Committee wish you all a very safe and enjoyable holiday season.

Korin Barrett – Treasurer



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Amputee Society of Hawke's Bay / East Coast New Committee Contact Details

President	Jacqui D'Ath	021 753 191	jacquid@napierconferences.co.nz
Vice President	Jacqui Lumsden	027 337 3807	jacalvz0@gmail.com
Secretary	Vikki Jones	027 855 4178	gr.vljones@xtra.co.nz
Treasurer	Korrin Barrett	027 441 3106	korrin.barrett@outlook.com
Committee	Al van Zonneveld		jacalvz0@gmail.com
	Geoff Hansen	021 723 609	burnoff@xtra.co.nz

MEMBER WELCOME AND CONDOLENCES

We would like to welcome the following new members: Lance & Bev Fotthergill and Don & Raewyn MacKenzie

Sadly we must pass on our condolences to the families and friends of the following members who have passed away in recent months: Diana Lincoln, Terrie Milne and John Robinson. May they Rest in Peace x

2022 SUBS OVERDUE

Subs for 2022 are now well overdue and several members haven't paid.

Please remember that subs are only \$10 per member and help the society provide newsletters, support and equipment to our members.

Partners and family members can also join for \$10.

If your subs are due for 2022, a red box will be on the front page.

If you would like to pay your subs through the bank, our details are below:

Westpac Bank
Amputee Society Hawkes Bay East Coast
03-1518-0032642-000
Reference: Subs

MY WAY HASTINGS – COMING TO NAPIER IN 2023

There's a new kind of public transport in Hastings, called **MyWay** and they're hoping to roll it out in Napier in July 2023 so watch this space.

MyWay started on 7 June 2022 and this 'on-demand' service replaced routes 16A, 16B, and 17 in Hastings.

They have minivans instead of buses (1 is wheelchair accessible), lowering their carbon footprint, and will only respond to demand when people book the service. The MyWay uses technology to match customers travelling in the same direction and works out a flexible route to pick you up and drop you off close to your destination.

You can book by downloading the MyWay Hawke's Bay app, calling 0800 108 838, or drop in to one of the MyWay booking services across Hastings. Check out www.mywayhb.nz for more info. MyWay can you anywhere in the Hastings urban area, without fixed routes or schedules and operates Monday to Friday, 6.00am to 6.00pm.

MyWay does not provide service to Havelock North or Flaxmere at this stage.

ST JOHN HEALTH SHUTTLE

Did you know Hato Hone St John offer a koha based community shuttle service to transport people to health-related appointments and then transport them home again?

This service is available in a wide range of areas including Hastings, Havelock North, Waimarama, Napier (on demand), Central Hawkes Bay, Wairoa and surrounding areas, Tikitiki to Gisborne and more.

For a full list of locations and booking numbers for those areas, please visit the web page <https://www.stjohn.org.nz/what-we-do/community-programmes/health-shuttles-stjohn/>





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MID-WINTER LUNCH AT CLUBS HASTINGS

In July a small group of us enjoyed a lovely lunch at Clubs Hastings, here's some pics...I don't think Joan even finished her large ice cream sundae 😊



AMPUTEE AWARENESS WEEK 4-11 OCTOBER

As mentioned in the welcome report, Amputee Awareness Week was held in October and our society held a stall at the Napier Urban Market in Clive Square and committee member Al had a display at his gym, Legacy Fitness.

A few members popped down to the markets and visited and good conversations were had with the public about living life as an amputee and the support and technology that are available. Everyone loved our display of arms, legs and assistive devices.





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CHRISTMAS LUNCH

Please join us for Christmas Lunch at:

**THE DUKE OF GLOUCESTER, TARADALE
SUNDAY 4TH DECEMBER AT 12PM**

We'd love to see you all and we'll have raffles on the day so bring some cash.
We believe the full menu will be on offer but can confirm this in due course.

Please RSVP to our secretary Vikki on gr.vljones@xtra.co.nz or text 027 855 4178.

Feel free to wear your favourite Christmas themed accessories.



PEER SUPPORT

Peke Waihanga offer a fantastic Peer Support programme nationwide and are always looking for amputees willing to volunteer and support fellow amputees no matter where they are on their journey.

If you are interested in becoming a Peer Support Volunteer (or need support), please have a look at their website <https://peersupport.nz>



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**Free
event!**

*International Day
for People with Disabilities*

CHRISTMAS MOVIE EVENT

*Join us for a screening of Elf to celebrate
International Day for People with Disabilities.*

When: Saturday 3 December 2022, 3pm

Where: Taradale Town Hall, Lee Road

BYO CHAIR - FREE SNACKS - SPOT PRIZES

Please RSVP to CommunityServices@napier.govt.nz
Closed captioning available



NEWSLETTERS – EMAILED OR POSTED?

Postage costs are increasing annually and it would be hugely beneficial to the Society if we could email out newsletters instead of posting them.

If you currently receive your newsletter by post but would be open to receiving it via email, please can you contact our Secretary, Vikki Jones on gr.vljones@xtra.co.nz



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HAWKE'S BAY SWIM SESSIONS

We have been holding our swim sessions every Tuesday (excluding school holidays) at Napier Aquatic Centre again and they've been well enjoyed by a few of our members.

These sessions are free to all financial members (so your subs must be paid) and if you're interested in attending, please contact a committee member.

Sessions will cease over December and January and start up again in February.



WORKBRIDGE MATCHES ABILITIES TO EMPLOYMENT

Workbridge is a specialist nationwide employment service that works with people with all types of disability, injury or illness. They can assist you in all areas of gaining employment.

For your nearest centre, visit www.workbridge.co.nz or phone 0508 858 858

AMPUTEE CLINIC DATES - HASTINGS

Hawke's Bay Orthotic House
1013 Heretaunga Street, Hastings

- Thursday, 8 December 2022
- Friday, 9 December 2022

Clinic appointments: Wellington Limb Centre - 0508 389 389 (Freephone)

AMPUTEE CLINIC DATES - GISBORNE

Hauora Tairāwhiti (Gisborne Hospital)
Ormond Road, Gisborne

- Thursday, 1 December 2022

Clinic appointments: Hamilton Limb Centre – 0508 838 838 (Freephone)
Gisborne Hospital – 06 869 0500 ext. 8225 - Reg Proffit

SOCIAL MEDIA

Check out the society's Facebook page

<https://www.facebook.com/AmputeeSocietyHawkesBayEastCoastInc>



**We would also like to kindly thank the following
organisations for their ongoing support:**

Peke Waihangā
Artificial Limb Service



Amputees
Federation
of New Zealand
Incorporated



Lottery Grants Board
Te Puna Tahua
LOTTO FUNDS FOR YOUR COMMUNITY

Eastern & Central
COMMUNITY TRUST

