



Amputee  
Society  
of Hawke's Bay/  
East Coast Inc.

# Newsletter

## June 2022

### WELCOME REPORT



Where is the year going? I cannot believe it is June already and people are starting to ask what our plans are for Christmas...whaaaaaat?

Unfortunately we haven't been able to hold any events in the first part of the year due to Red Traffic Light restrictions however as these have now been lifted we will be organising some social activities going forward like the Mid Winter Lunch on July 17<sup>th</sup>, more details included in this newsletter.

Our initial AGM was planned for Sunday 6<sup>th</sup> March 2022 in Napier but due to not reaching a quorum of members, it had to be rescheduled to Sunday 1<sup>st</sup> of May. Successfully we held the AGM and have appointed a new committee. We welcome back Jacqui D'Ath as President and Geoff Hansen as a committee member. A big welcome to Jessie Hawkes-Pearce who is a new member and committee member.

The Amputees Federation of NZ held their 75<sup>th</sup> Jubilee in April in Wellington and we had 6 representatives from our society attend. It was a fun weekend with informative speakers and sponsor sessions. The Give-It-A-Go (GIAG) activities included axe throwing and white-water rafting, both thoroughly enjoyed by all GIAG attendees.

Summer has well and truly left us now so I hope you enjoyed the beautiful autumn days and spent time with family and friends catching up on the past 2 years.

Korrin Barrett – Treasurer



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## Amputee Society of Hawke's Bay / East Coast New Committee Contact Details

President	Jacqui D'Ath	021 753 191	<a href="mailto:jacquid@napierconferences.co.nz">jacquid@napierconferences.co.nz</a>
Vice President	Jacqui Lumsden	027 337 3807	<a href="mailto:jacalvz0@gmail.com">jacalvz0@gmail.com</a>
Secretary	Vikki Jones	027 855 4178	<a href="mailto:gr.vljones@xtra.co.nz">gr.vljones@xtra.co.nz</a>
Treasurer	Korrin Barrett	027 441 3106	<a href="mailto:korrin.barrett@outlook.com">korrin.barrett@outlook.com</a>
Committee	Al van Zonneveld		<a href="mailto:jacalvz0@gmail.com">jacalvz0@gmail.com</a>
	Geoff Hansen	021 723 609	<a href="mailto:burnoff@xtra.co.nz">burnoff@xtra.co.nz</a>
	Jessie Hawkes-Pearce		<a href="mailto:jessiehawkespearce@gmail.com">jessiehawkespearce@gmail.com</a>

## MEMBER WELCOME AND FAREWELL

We welcomed two new members to the Society, Rex Graham and Jessie Hawkes-Pearce.

Sadly we lost a dear friend, Mum to Jacqui D'Ath and longtime committee member, Geraldine Kerley, who passed in March. May she rest in peace x

## 2022 SUBS

Subs for 2022 are now due, and some subs from 2021 are overdue.

Just a reminder that subs are \$10 per member and help the society provide newsletters, support and equipment to our members.

Partners and family members can also join for \$10.

If your subs are due for 2021, a **green** box will be on the front page.

If you would like to pay your subs through the bank, our details are below:

**Westpac Bank**

**Amputee Society Hawkes Bay East Coast**

**03-1518-0032642-000**

**Reference: Subs**



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## MY WAY HASTINGS – TRIAL UNDERWAY

There's a new kind of public transport in Hastings, called **MyWay**.

MyWay started on 7 June 2022 and this 'on-demand' service replaces routes 16A, 16B, and 17 in Hastings.

They have minivans instead of buses (1 is wheelchair accessible), lowering their carbon footprint, and will only respond to demand when people book the service. The MyWay uses technology to match customers travelling in the same direction and works out a flexible route to pick you up and drop you off close to your destination.

You'll be able to book by downloading the MyWay Hawke's Bay app, calling 0800 108 838, or drop in to one of the MyWay booking services across Hastings. Check out [www.mywayhb.nz](http://www.mywayhb.nz) for more info.

MyWay will take you anywhere in the Hastings urban area, without fixed routes or schedules. MyWay will operate Monday to Friday, 6.00am to 6.00pm.

**MyWay does not provide service to Havelock North or Flaxmere at this stage.**

## TOTAL MOBILITY SCHEME UPDATE - RIDEWISE

All Total Mobility voucher holders should have received the following letter by now:

This letter is to advise that from 1 July your Total Mobility vouchers and current ID card will be replaced by a new RideWise ID card. A new card will be sent to you by 1 July. This means that from 1 July, you will not need vouchers to get the subsidy.

If you have been sent this letter in error, or no longer wish to be part of the scheme please let me know.

If you have any questions, please contact me directly.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'Carol Clarke'.

Carol Clarke

**Total Mobility**

Phone (06) 835 9200

E-mail [carol.clarke@hbrc.govt.nz](mailto:carol.clarke@hbrc.govt.nz)



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## MID WINTER LUNCH

Please join us for a Mid Winter Lunch at:

**CLUBS HASTINGS**  
**SUNDAY 17<sup>TH</sup> JULY AT 12:30PM**

We'd love to see you all and we'll have raffles on the day so bring some cash.  
We believe the full menu will be on offer but can confirm this in due course.

Please RSVP to our secretary Vikki on [gr.vljones@xtra.co.nz](mailto:gr.vljones@xtra.co.nz) or text 027 855 4178.

## AMPUTEES FEDERATION EXECUTIVE COMMITTEE

A National Council Meeting was held on the Saturday morning at the National Conference / 75<sup>th</sup> Jubilee and the following people were elected on to the Executive Committee. Long standing members Mark Bruce and Lorraine Peacock have stood down but will still continue to support the new committee and we all thank them immensely for the work they have done for the Federation and the Societies.

**PRESIDENT** – Korrin Barrett (Hawkes Bay / East Coast)

**VICE PRESIDENT** – Graeme Sayer (Otago & Southland)

**COORDINATOR** – Alesha Kelly (Canterbury & Westland)

**TREASURER** – Justine Mangan-Woods (Canterbury & Westland)

**COMMITTEE MEMBER** – Matthew Bryson (Waikato, Bay of Plenty & Districts)

**COMMITTEE MEMBER** – Katrina Bungard (Auckland & Northland)

**COMMITTEE MEMBER** – Andrea Thompson (Canterbury & Westland)

**COMMITTEE MEMBER** – Mary Humphries (Greater Wellington Region)

## NEWSLETTERS – EMAILED OR POSTED?

Postage costs are increasing annually and it would be hugely beneficial to the Society if we could email out newsletters instead of posting them.

If you currently receive your newsletter by post but would be open to receiving it via email, please can you contact our Secretary, Vikki Jones on [gr.vljones@xtra.co.nz](mailto:gr.vljones@xtra.co.nz)



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## HAWKE'S BAY SWIM SESSIONS

We can now hold our swim sessions at Napier Aquatic Centre again.

A committee member will be in touch with those who were attending previously with new days and times however if you are interested in joining in, please contact one of the committee members.



## WORKBRIDGE MATCHES ABILITIES TO EMPLOYMENT

Workbridge is a specialist nationwide employment service that works with people with all types of disability, injury or illness. They can assist you in all areas of gaining employment.

For your nearest centre, visit [www.workbridge.co.nz](http://www.workbridge.co.nz) or phone 0508 858 858

### MOBILITY PARKING SURVEY (NAPIER)

CCS Disability Action have sent out a survey recently to all Mobility Parking Permit holders in Hawkes Bay.

At this stage it is only a review of Council Owned Disability Parking Spaces in Napier however all users of these parks are encouraged to complete the survey.

Please contact Larissa at Napier City Council on [communityservices@napoier.govt.nz](mailto:communityservices@napoier.govt.nz) or 06 835 7579 if you haven't received the survey.

The survey will close on Tuesday June 21<sup>st</sup>.





## GEOFF HANSEN – NATIONAL CONFERENCE / 75<sup>TH</sup> JUBILEE PIECE

This year was the first National Conference since 2019 due to the 2020 and 2021 Conferences being cancelled due to Covid-19. It was held in Wellington and was the 75<sup>th</sup> Jubilee. I am fortunate enough to have been to every conference since 2014 and again I was a delegate for the Hawkes Bay/East Coast (HB/EC) Society. There were 5 of us from HB/EC attending so we had a good representation.

The Conference was opened on Friday evening by Paula Tesoriero, the Disability Rights Commissioner who is also an amputee. I actually got to talk to Paula a bit on Saturday afternoon as we sat next to each other during the sponsor and speaker presentations. I showed her a new sock that goes over your stump skin called Swiftwick that NZALS is now supplying and she was so impressed she messaged her prosthetist then and there to get one. He replied "You are obviously hearing too much at the Conference".

Lorraine Peacock QSM, who amazingly has been the National Coordinator for 36 years and has now resigned but is still involved at present with the handover, launched her new book *Moving Forward - A further 25 Years On* which is a follow on from her first book launched in 2002 *A Challenge With Purpose* which marked the first 50 years of the Amputee Federation of NZ from 1947 to 1997. It is available on the Federation website [www.amputee.co.nz](http://www.amputee.co.nz) or request a hard copy by contacting the Federation Coordinator.

After the official opening we had the meet and greet with some snacks and drinks and heard that the Give it a Go group were going to be doing axe throwing and rafting activities on Saturday. Our committee member Al was there driver and new member Jessie Hawkes-Pearce was a participant.

Saturday began with the National Council meeting and then we had speakers and as usual there was some great information from them. One was a physiotherapist who is also a hypnotist, he took volunteers from the floor who suffer phantom pain and went through a hypnotic procedure with them to help with their phantom pain and about 8 out of the 9 gave feedback that it had improved their pain level. Unfortunately I then had to sneak away so missed the last speaker but I was back for the Jubilee Dinner at 7:15pm.

Our own Korrin was the first Sunday morning speaker with her *How to Live Life Unlimited* presentation which was great. The Give it a Go participants shared their event experiences and it was all over by lunch time.

Having been to many National Conferences I would encourage members to consider attending as they are fun and informative and we usually get funding to cover the travel and accommodation cost for members attending.



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## JESSIE HAWKES-PEARCE NATIONAL CONFERENCE / GIVE IT A GO PIECE

*Spending the weekend at Give it a Go was such an awesome opportunity!  
The highlight was meeting and having fun with such an amazing group of people!  
The event gave me the chance to try two new sports, axe throwing and river rafting.  
Being surrounded by supportive friends and seeing them giving everything a go was  
very inspiring!  
I am looking forward to attending next year and doing it all again!*

## AMPUTEE CLINIC DATES - HASTINGS

Hawke's Bay Orthotic House  
1013 Heretaunga Street, Hastings

- Thursday, 7 July 2022
- Friday, 8 July 2022
- Thursday, 11 August 2022
- Friday, 12 August 2022
- Thursday, 15 September 2022
- Friday, 16 September 2022
- Wednesday, 19 October 2022
- Thursday, 20 October 2022
- Thursday, 17 November 2022
- Friday, 18 November 2022
- Thursday, 8 December 2022
- Friday, 9 December 2022

*Clinic appointments: Wellington Limb Centre - 0508 389 389 (Freephone)*

## AMPUTEE CLINIC DATES - GISBORNE

Hauora Tairāwhiti (Gisborne Hospital)  
Ormond Road, Gisborne

- Wednesday, 31 August 2022
- Thursday, 1 September 2022
- Wednesday, 30 November 2022
- Thursday, 1 December 2022

*Clinic appointments: Hamilton Limb Centre – 0508 838 838 (Freephone)  
Gisborne Hospital – 06 869 0500 ext. 8225 - Reg Proffit*



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## PEER SUPPORT

Peke Waihangā offer a fantastic Peer Support programme nationwide and are always looking for amputees willing to volunteer and support fellow amputees no matter where they are on their journey.

If you are interested in becoming a Peer Support Volunteer (or need support), please have a look at their website <https://peersupport.nz>

## SOCIAL MEDIA

Check out the society's Facebook page

<https://www.facebook.com/AmputeeSocietyHawkesBayEastCoastInc>



**We would like to kindly thank the following organisations for their ongoing support:**

Peke Waihangā  
Artificial Limb Service

Eastern & Central  
COMMUNITY TRUST



Lottery Grants Board  
Te Puna Tahua  
LOTTO FUNDS FOR YOUR COMMUNITY



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