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Newsletter Oct 2015.

Greetings members,

As I sit here finalising this newsletter the weather has become quite wintery with rain threatening, cloudy dark skies and blustery stormy winds. While winter was long, cold and wet the first 3weeks of daylight saving has seen temperatures a degree or two above averages for this time of year. Hopefully the long weekend ahead while not expected to start well will see a return of better weather.

There has been a slight delay with this newsletter while awaiting the latest edition of Purpose that is enclosed. As a result the notice given about the next member function is minimal but hopefully a full week will allow members to plan and choose to attend.

Last member function:

Whanganui members extended a warm welcome to the Brick House on July 11th for lunch and 22 members were present to enjoy the food and a warm atmosphere. Tim Crowe the Senior Medical Emergency Officer for the Whanganui District Council gave a detailed account of the suddenness and severity of the recent floods that had caused many people to be evacuated living near the river. While members enjoyed dessert Tim then spoke on the special place amputees have in playing the role of trauma victims in Civil Defence and other emergency type exercises. He is keen to hear from any amputees wanting to become involved in these exercises.

Next member function Sat 31st Oct 2015 at 4pm. 412 College St Palmerston North:

This will be a barbeque at the home of committee member Justine McLeod. Sausages, patties, juice and fizz along with plates and utensils will be provided. Members are asked to bring other meat and drink and a salad or dessert. With the final of the World Cup of Rugby taking place on Sunday morning NZ time it will hopefully be a chance to reminisce on some of the highlights leading up to the final.

Please contact one of the office holders to confirm attendance and numbers for catering purposes. With the short time frame mentioned above it will not be possible for the committee to do a phone around as a follow up to this invitation. If anyone local or further afield needs help with transport please ask one of the office holders. The committee are holding their meeting before the barbeque but a solution will be found.

 $National\ \ Conference\ 15^{th} - 17^{th}\ April\ 2016.$

This will be held in Christchurch with the dates given 3 weeks after Easter. The committee will decide what funds are available and in time how many will attend in support of our delegates. If any members are interested in attending they should make that interest known.

Subs

At this stage of the year only a handful of subs remain unpaid and overdue. An "Invoice." stamp alongside this item indicates subs at \$5 are unpaid. This can be paid by internet banking to the BNZ Acc. 02 0719 0142317 000 or by posting to the treasurer.

Purpose:

This is the journal of the National Federation of Amputee Societies and the latest copy is included. As always it is a great read with information on a range of topics included. Anyone is invited to contribute by writing to the coordinator Lorraine Peacock.

Aqua aerobics:

The committee has investigated different options for aqua aerobics and can now report that the heated pool attached to the hospital STA ward is too hot for the activity involved. The Lido pool in Palmerston North run a range of sessions that amputees could join in. The pool has a hoist used to help with entering and leaving the pool. The pool attached to Freyberg High School is covered and has a ramp. It should be noted that shower facilities at either pool are not set up to assist with amputee mobility issues.

Home visits and new members:

A special welcome to new members. I look forward to meeting you at future member functions. A reminder that either home or hospital visits by members of the committee can be arranged if you are aware of people who need help or support.

As the year rapidly winds up for Christmas I anticipate the committee may repeat last years idea and look to start 2016 with a meal together.

A funny or two:

It is widely accepted that a woman's mind is cleaner than a man's. The reason being that she changes it more often.

A friend is addicted to brake fluid but denies it saying he can stop at any time.

A blonde man is in the bathroom and his wife calls out asking if he has found the shampoo.

"Yes" he replies but continues,"I don't know what to do. It's for dry hair and I just wet mine."

Kind regards

Noha

John Maher