



AMPUTEE SOCIETY OF OTAGO & SOUTHLAND INC.

Affiliated to the Amputees Federation of New Zealand Incorporated

PATRON: Professor A K Jeffery ChM, FRCS, FRACS, ONZM

Coordinator
Mrs Lorraine Peacock QSM
213A Bay View Road
St Clair, Dunedin 9012
Telephone (03) 455 6347
Facsimile (03) 455 9547
Email: lorrstan@xtra.co.nz
www.af.org.nz

NEWSLETTER

No. 175

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Hello everyone! I trust you've all managed to get through the winter months without too many ills and chills. Let's hope we've left behind those unseasonable cold days - a long hot summer would be very welcome! Enclosed with this newsletter is Purpose No.97 - enjoy!

SOUTHLAND MEETING & DINNER – Saturday 10 NOVEMBER

It's that time again! Our **Meeting and Dinner** on Saturday the 10th will once again be held at the Invercargill Bridge Club rooms, 50 Elles Road (behind the Pipe Band Hall, beside Splash Palace and with plenty of off-street parking). Join us at 4 pm for the meeting which will be followed by our guest speaker - Amanda Niven, a podiatrist who I'm sure will have lots of handy hints to impart. The meal will follow at approximately 6 pm and the cost is again \$20 per person, the full cost of \$27 being subsidised by the Society. Phone Maurice & Mavis Elford (215-6715) before next Saturday (3 November) and let them know you'll be there. We look forward to meeting up with many of you again, as well as seeing some new faces. We hope to have a few raffles to cover some of our costs so bring along your spare coins - and donations of raffle prizes will be much appreciated.

GOLF TOURNEY, CHRISTMAS GET-TOGETHER AND BARBECUE - Sunday 9 DECEMBER

We are combining these events this year and they'll take place on Sunday 9 December. We do hope you will give them your support.

Golf - This will be at the 12 Oaks Course in Mosgiel starting at 12 noon. Players will compete for our CAA Cup and Runner-up Trophy for stableford points for amputees, and the Colin Lawrence Memorial Trophy for the best putting of a non-golfer amputee (last year's winners please remember to return the trophies). There's also a supporter's prize for the best stableford. If you've never played golf before, this is your chance to have a go! Our golf cart will be available, as well as some spare golf clubs. Any queries to Tony Wilson (455-8426) who will also be able to give you directions to the course.

Barbecue - Following the golf, from 3 pm on, we'll get together at the Allanton Community Hall - not too far from the golf course. However, if you are travelling from Dunedin, take the right turn (before the airport turn-off) into Allanton, then first right into Douglas Street and the hall is on that corner on the right. It has level access and there's plenty of parking right outside as long as everyone angle parks along the fence. The Society will provide the meat and liquid refreshments and you are asked to bring along other food (e.g. salads, breads, desserts) to share. We will also be running some raffles to defray costs so bring along your spare coins (donations of prizes welcome). So that we have an idea of the number for catering, please ring me on 455-6347 - also let me know if you need transport so that we can organise this. We look forward to seeing a good turnout of members, families and friends.

QUADRANT MULTISPORT CHAMPIONS SERIES - Saturday 8 December

And to really make a weekend of it we're having another Multisport competition the previous day. I'm sure what Rory has to say will lure many of you to take the bait.....

Well it's nearly that time of year again, when we get together and share blood, sweat and tears in the multiquadrant championship event. There weren't many tears last year but, Tony 'the chopper' Wingie was found shedding a few droplets after I won a raffle by selecting his golf score (can't remember exactly but it was a large number) and took claim to the whitebait. Thanks for chopping up the course and for the recipe Wingie - the patties were delicious! Anyway enough banter, I'd hate for Rod 'the slinger' Oakley to pull out his pistol like the night rider he is.

Schedule of Events - We meet at the bowling alley at 12 noon for lunch and two games of high intensity bowling. Wingie is reigning champion for this event as he used to be a league bowler and brings (cont.P2)

his crafted bowling ball designed to curve from right to left. What a hand out! We will follow up with Shooting around 2pm. Needless to say 'The slinger' won this event in the 1st annual. But the man keeps a pistol in the glove box of his car so is anyone surprised? And yes the pain is still vivid in my mind at the fact that I was unable to shoot a single clay disc. Rigged? When that's done and dusted we'll head to the Pool room for the pinnacle event. Me and Wingie will probably have a couple of bourbons, on the Society Lorraine? Only joking - Wingie will pay, just bring the moro bars we'll need the energy I'd say. No doubt at this point The Godfather will have a whiskey and rip the scab off a cigar, depending on whether or not it's past his bedtime. Finally, the golf is scheduled to take place on Sunday followed by the BBQ.

(Now who can possibly resist getting caught up with Rory's enthusiasm! Age is no barrier so give it a go! If you'd like further information and to let us know you'll take part, get in touch with Rory on 0272640305, email rory_mcsweeney@hotmail.com, or give me a ring on 455-6347.)

OBITUARIES

We have recorded with regret the passing of Robert Fleury (a member since 1978 and a Past President), Margaret Jackson of Dunedin, Grace Ferguson of Mosgiel, Ellen Solway of Dunedin, and Reta Meikle of Dunedin. We are very grateful to Reta's family and friends for funeral donations of \$341.50.

NEW MEMBER - A warm welcome to Esta Erskine of Tuatapere.

PAIN STUDY

The Action Brain & Cognition Lab of the Psychology Dept at the University of Otago is beginning a study on people with amputation, with a focus on those who experience pain. They are presently recruiting people with upper limb amputation of one limb (note - not leg amputees). The study is non-invasive and involves recording brain activity using a scalp cap with electrodes (EEG). The sessions take approximately 90 minutes or less, and they are interested in testing people more than once if available. This team at the University of Otago is very skilled in these procedures and they plan to run the study on as many people as possible during the next few months. If you are interested in participating, you can contact them at (03) 479 5778 (lab with message machine - please give your name and phone number clearly), or email Alan at treecarver@gmail.com.

HERE & THERE

Our thanks to Pub Charity and the Lottery Grants Board for their recent grants.

Limb Centre Closure - The Centre will close at lunchtime on Monday 24 December and reopen on Thursday 3 January. For emergencies during this time, phone the hospital switch-board (474-0999).

Committee Meetings - Members are welcome to join us at the Otago Bridge Club rooms. The last meeting for this year is on Wednesday 5 December at 7.30 pm.

Taxi Vouchers - A reminder that Otago members can contact me for vouchers which entitle you to a 50% discount on taxis. Southlanders who would like travel vouchers need to complete an initial application form available from Maurice & Mavis Elford (Phone 215-6715). Once on the register, you then need to contact Lisa Griffiths at the Invercargill City Council (211-1777) for your supply of vouchers. Note that taxi vouchers can be used anywhere in NZ, even in those cities such as Auckland where they use swipe cards.

Subscriptions - There are still a few outstanding subs from 2011. If you're one of these, there'll be a red sticker on your Newsletter and this will be your last unless your subs are brought up to date. For those of you who haven't yet paid for this year, I have highlighted this here on your newsletter and payment would be appreciated before the end of the year - either to Sue at the Limb Centre, by post to me, or by direct credit to our bank account 031355 0277644 00 (please identify with your name).

Grants - We have overspent our budget for welfare grants in Otago and also Young Achievers' grants so will not be calling for further applications until next year. However, if you live in Southland and wish to apply for a Welfare grant, contact me for a form - applications close on 30 November.

Changed or Changing your Address? - Don't forget to let me or the Limb Centre know.

FaceBook - Have you "Liked" us on FB yet? Go to our website www.af.org.nz and click on our name to LIKE us!

Newsletters - If you'd like to receive your Newsletter and *Purpose* by email, email me at lorrstan@xtra.co.nz and let me know.

That's all for now so until next time, take care. And the blessings of Christmas be with you and yours, together with best wishes for a New Year full of good health and happiness.

Lorraine Peacock