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NEWSLETTER

No. 191

NOVEMBER 2016

Hello everyone! I trust you've all managed to get through the winter months without too many ills and chills. It's a great time of the year with all the spring flowers blooming - take time to look and enjoy! With this newsletter is the latest *Purpose* which includes Paralympic news. Congratulations to our 3 Committee members - Anna, Holly and Rory - on their success in winning medals. We're hoping that they will be able to share their experiences with us at our AGM in March.

In the meantime, it would be good to see some of you at one or both of the following.....

GOLF & BARBECUE - Sunday 13 November

Our annual golf tourney will again take place at the 12 Oaks Golf Course in Mosgiel. Tee off time is 1 pm, the green fee is \$8, the Society's golf cart and some spare clubs will be available, and bar facilities will be available at the end of play. Players compete for our usual trophies. So that we have an indication of numbers, please let Tony Wilson know if you intend taking part - phone 4558426 or email wingie@clear.net.nz.

Following the golf, from 3 pm on, you are invited to join us at the golf course for socialising and a barbecue. The Society will provide sausages and you are asked to bring along other food (salads, breads, desserts etc.) to share. So that we have an idea of the number for catering, please ring me on 455-6347 and at the same time let me know if you would like transport.

We look forward to a good turnout of members, families and friends!

SOUTHLAND MEETING & DINNER - Saturday 19 NOVEMBER

Our annual **Meeting and Dinner** will be held on Saturday 19 November and we have a change of venue this year - the Working Men's Club at 154 Esk Street, (corner of Esk and Ythan Streets). Time of the meeting is 3.45 pm, to be followed by our guest speaker who is a local community policeman. A buffet meal will be available from 5 pm (cost \$25) and the Society will provide vouchers for the value of one drink to those attending. (Please note that there will be no raffles this year.)

Ring David and Vonnie on 214-1548 before Wednesday 16 November and let them know you'll be there. We look forward to seeing our regular attendees, as well as some new faces.

MEMBERSHIP

We have recorded with regret the passing of Doris Grant of Dunedin. Our sympathy has been extended to Doris's family.

A warm welcome to new members - Evelyn Lawrence of Oamaru and Stuart Laughton of Dunedin. We hope to meet up with both of you at one of our functions.

OUR VISITORS - Get in touch if you would like a visit or just a chat.

Dunedin and Districts - Lorraine Peacock 455-6347 or Tony Horsfall 489-4479 Invercargill - David Johnston 214-1548 and Alice Smith 216-4271

Gore - Bill Lee 203-8263

Oamaru - Jan Browne 439-5543

Lakes District - Tetli Carey 409-0484

Patron: Mr C L Birks, MB, ChB, FRACS

HERE & THERE

Our thanks to the Lottery Grants Board for their recent grant.

Limb Centre Closing Dates - The Limb Centre will be closed for the Christmas/New Year break from midday on Friday 23 December, reopening on Monday 4 January.

Taxi Vouchers - As advised in the last newsletter, as from next year Otago users of the taxi vouchers will be required to have their own personal photo ID smart card issued by the Otago Regional Council. If you use the vouchers and haven't yet provided a photo, you will need to do so as soon as possible. For those who've already provided a photo, it is expected that the ID cards will be available early next year.

Subscriptions - There are still a few outstanding subs (\$10 per year) owing from 2015. If you are one of these, there'll be a red dot on your newsletter and this will be your last unless your subs are brought up to date. For those of you who haven't yet paid for 2016, I have highlighted this HERE on your newsletter and payment would be appreciated before the end of this year - either to Sue at the Limb Centre, by post to me, or by direct credit to our bank account 031355 0277644 00 (please identify with your name).

Changed or Changing your Address? Don't forget to let me or the Limb Centre know.

Newsletters - More than a third of our members now receive their newsletters by email - at \$1 per person for postage, that's a saving of over \$70 with each newsletter. If you are on email and would be happy to receive electronic copies of your newsletters and *Purpose*, please contact me at *lorrstan@xtra.co.nz*.

Parafed Otago would like to hear from those interested in taking part in sports such as boccia, wheelchair rugby and wheelchair basketball. If you would like to find out more, contact Kelsey Howlett on 0220433768 or email *sdo@parafedotago.co.nz*

Accessibility Map in Southland - The Southland District Council has published an accessibility map of Southland. As well as showing accessible restaurants, toilets etc., the map shows accessible museums, libraries and walking tracks. The map is available on their website www.southlanddc.govt.nz/home/accessibility-map/ or by emailing Janet Thomas at janet.thomas@southlanddc.govt.nz

Dunedin Road Safety Partners is a group which has identified that mobility scooter users are a group of people who are vulnerable to injury. They have developed an information pack which includes educational information and safety resources for mobility scooter users. If you would like one of their packs, you can contact Deborah Palmer on 474 3445 or Senior Constable Aaron Smith on 4560858.

Facebook - Have you "Liked" us on FB yet? Go to our website www.af.org.nz and click on our name to LIKE us!

OUR GRANTS

Applications are invited for grants from the following funds:

Meffan and Pankhurst Funds - Welfare grants up to a maximum of \$300 in any one year are available to members to help improve independence and quality of life. Some examples of purposes for which grants can be made are: health and medical services; subsidising of travel over and above taxi vouchers; home comforts, e.g. wood, coal etc; equipment which will assist independence and/or mobility.

Coyle Young Achievers' Fund - Grants up to \$500 in any one year are available to young people up to the age of 30 to help with cultural and sporting interests and hobbies. Young people are encouraged to get in touch with the Coordinator or a Committee member to discuss possibilities.

Application Forms for all grants are available from the Coordinator and will be considered by the Finance Sub Committee after the closing date of 30 November. Applicants must have been a financial member of the Society for at least two years and, if successful, grants will be paid only upon the supply of a quote or invoice, with payment made to the service provider. Note that it is our policy that grants will not exceed the interest earned on our investments in any one year.

That's all for now so until next time, take care. And the blessings of Christmas be with you and yours, together with best wishes for a New Year full of good health and happiness.