



Amputee Society of Otago & Southland Inc.

Coordinator

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Newsletter November 2021 No. 211

Hi Everyone,

Lucky us, we are not at level threee – or is it the new red traffic light setting? We haven't had to put the fire on for at least 10 days, so Spring has sprung. The garden is growing exuberantly. So that is 3 things to rejoice in. Coming up are the Invercargill meeting and dinner and the Dunedin pre-Christmas dinner.

INVERCARGILL MEETING AND DINNER (NOTE NEW VENUE)

Our usual get-together will take place on Saturday 13 November at the Paddington Arms Restaurant (220 Bainfield Road, Waikiwi) Commencing at 4:15 p.m. for the meeting followed by dinner at 5:00p.m. A delicious set menu consists of a choice of 3



Entrees, 6 Mains and 4 Desserts. Cost will be \$35.00 less the \$10.00 Society subsidy. Please contact David on 03 214 1548 or 027 4548 483 by Wednesday 10th November. Raffles will be back this year and donations towards these will be very welcome.

Pre-CHRISTMAS DINNER – Saturday 4 DECEMBER



Here's something as a lead-up to your Christmas celebrations – a Christmas Banquet Dinner on Saturday 4th December at 6 pm at the Equinox, 146 Victoria Rd, Dunedin. The cost to members and partners will be \$25 pp – the rest of the cost of a delicious 3 course menu will be subsidised by the Society. This restaurant is a must to experience and the ample parking and wheelchair access is a bonus. Please ring Lorraine on 455-6347 before Wednesday 1st December to confirm you'll be there – we look forward to seeing you!

LIMB CENTRE NEWS

Christmas Dates: Closes noon on 24th December and reopens 5th January 2022.

Invercargill Clinic: Friday 12th November. Covid rules apply - patient only if possible (1 carer only) and please wear a mask. Sue has sent out the appointments - there are 2 spots left, please ring Sue if you want an appointment.

MEMBERSHIP

New Member - A warm welcome to two new members, Noel Graham of Mosgiel and Maurice Henderson of Invercargill. We look forward to meeting you at one of our gatherings.

Deaths: We were sorry to hear of the passing of Sue Cavanagh - our condolences go to Lloyd.

Newsletters by email

With the cost of postage at \$1.40 per item, it would be a great saving to the Society if you are able to receive your Newsletters by email. Contact Lorraine at lorrstan@xtra.co.nz

NON EVENTS

A small group of Southland amputees had planned a second get together on 4th September. This unfortunately fell by the wayside due to a pandemic getting in the way.

Amputee Awareness Week 4-11 October. In Otago & Southland, as was the case in most regions, this didn't go ahead because we were at Alert Level 2. However, the resources we have can wait until next time. This is where I would have put 2 photos, one of each stall - Countdown in Invercargill and the Meridian Mall in Dunedin. Sorry guys your faces won't be in print after all – next time maybe!.

PARALYMPICS – TOKYO – 2020 (21)

Holly Robinson and Anna Grimaldi were well worth watching in Japan at the Paralympics, we wished them well and they did themselves proud. For Holly - Javelin (T46) a Gold and for Anna - Long Jump (T47) a Gold also. So congratulations to you both from all your friends in the Amputee Society of Otago & Southland.

AMPUTEES FEDERATION NEWS

Next year's Conference and Give it a Go event will be held in Wellington during the weekend 8-10 April. This will be the 75th Jubilee of the Federation - details of the programme and registration forms will be available on the Federation's website in early December.

Amputees Federation of New Zealand Inc.

Website: <http://www.amputee.co.nz/>

Facebook: <https://www.facebook.com/Amputees-New-Zealand-171106899632566/>

Unite against COVID-19

Well here we are 20 months into the Covid pandemic, are we winning? Who knows? All we can do is to do our bit. The new traffic light system will come into effect when we are 90% vaccinated. Still poor old Auckland and the Waikato are popping out 80-90 cases a day so it looks like eradication is a thing of the past, and we will just have to learn to live with it. I hope that

those among us with health issues will stay free of Covid or only catch a minor dose. Good luck out there.

SUBSCRIPTIONS

There are still 3 members who haven't paid their sub for 2020 – signified by a red dot on this newsletter - and this will be your last unless your subs are brought up to date. There are also a number of members who haven't yet paid for this year (2021) - this is highlighted HERE if you are one of these or you will get a follow-up email. You can pay by direct credit to our bank account 031355 0277644 00 (please identify with your name), or pay Sue at the Limb Centre, or Lorraine at one of our gatherings.

OUR CONTACTS

Dunedin & Districts -	Lorraine Peacock 455-6347 and Graeme Sayer 021-168-9221
Invercargill -	David Johnston 214-1548 or 0274-548-483 and Alice Smith 216-4271
Gore -	George Gaudion 027-437-9865
Oamaru -	Jan Browne 439-5543
Lakes District -	Tetli Carey 409-0484

*Age is something you become aware of when
your back goes out more often than you do*

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Patron: Mr C L Birks, MB, ChB, FRACS

Affiliated to the Amputees Federation of New Zealand Inc.